

CALIFORNIA HEALTHY KIDS SURVEY



Valley Oaks Elementary
Elementary
2023-2024
Main Report





This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2023-24 California Healthy Kids Survey (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the California School Staff Survey (CSSS) and the California School Parent Survey (CSPS)—form the California Department of Education's California School Climate, Health, and Learning Survey (Calschus) System. Calschus is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by Calschus.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (<u>calschls.org</u>). The California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

Mental Health Supports Module (Supplementary)

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (<u>calschls.org/my-surveys</u>). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the

questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3 schoolclimateguidebook final.pdf).
- The California Center for School Climate (<u>ca-safe-supportive-schools.wested.org/california-center-for-school-climate/</u>) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (<u>calschls.org/resources/#resources_and_tools</u>) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable

for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources and tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- Secondary CHKS Results. Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The aggregated results from the 2019-2021 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide 1921 elem chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster

more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Climate Report Card

In addition to this school-level report with all the survey results, a short, user-friendly, graphic **School Climate Report Card** is also available. The School Climate Report Card provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr).

Disaggregated Reports

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (<u>calschls.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email calschls@wested.org.

Exhibit 1
Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

	G. 1	Student Social	G. CC	D.
	Student Core	Emotional	Staff Survey	Parent Survey
Student Learning Engagement		Health		
Academic mindset		✓		
Academic motivation	✓		√	√
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	√
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
School Climate Conditions				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
School Climate Improvement Practices				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

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The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

Thomas Hanson, Ph.D. CalSCHLS Director, WestEd

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Survey Module Administration

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	X
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1Student Sample Characteristics

	Grade 5	Grade 6
Student Sample Size		
Target sample	73	81
Final number	56	45
Response Rate	77%	56%

Table A1.2

Number of Respondents by Instructional Model

	Grade 5	Grade 6
In-school learning only	55	45
Remote learning only	1	0

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5	Grade 6	Table
School Engagement and Supports			
School connectedness ^{†#} (In-School Only)	69	61	A6.3
School connectedness $^{\dagger \psi}$ (Remote Only)			A6.3
Academic motivation [†]	88	82	A6.3
School boredom [†]	49	64	A6.9
Caring adults in school [†]	71	68	A6.3
High expectations-adults in school [†]	84	91	A6.3
Meaningful participation [†]	42	39	A6.3
Facilities upkeep $^{\dagger\Phi}$	81	70	A6.10
Parent involvement in schooling [†]	74	63	A10.2
Social and emotional learning supports [†]	81	75	A7.1
Antibullying climate [†]	77	70	A9.6
School Safety and Cyberbullying			
Feel safe at school $^{\dagger\Phi}$	78	69	A9.1
Feel safe on way to and from school $^{\dagger\Phi}$	76	83	A9.1
Been hit or pushed $^{\Phi}$	34	26	A9.2
Mean rumors spread about you	40	40	A9.2
Called bad names or target of mean jokes	54	52	A9.2
Saw a weapon at school ^{§⊕}	15	12	A9.5
Cyberbullying [¶]	23	31	A9.3
School Disciplinary Environment			
Rule clarity [†]	83	69	A8.2
Students well behaved [†]	45	40	A8.4
Students treated fairly when break rules [†]	60	45	A8.1
Students treated with respect [†]	92	74	A8.1

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

 $^{^{\}Phi}$ *In-school only.*

[§]Past year.

[¶]Past 30 days.

Table A2.2

Key Indicators of Substance Use, Routines, Remote Schooling, and Student Well-Being

	Grade 5 %	Grade 6 %	Table
Substance Use			
Alcohol or drug use $^{\phi}$	15	21	A11.1
Marijuana use $^\phi$	2	2	A11.1
Cigarette use $^{\phi}$	0	0	A12.1
$Vaping^\phi$	0	0	A12.1
Routines			
Eating of breakfast	71	50	A4.1
Late bedtime (at 10 pm or later) [±]	20	55	A4.2
Remote Schooling			
Remote learning frequency (5 days per week) $^{\P\delta}$			A5.1
Synchronous instruction (4 days or more) $^{\parallel\delta}$			A5.1
Meaningful opportunities $^{\dagger\delta}$			A5.2
Mental Health			
Frequent sadness [†]	30	19	A13.1
Wellness [†]	70	57	A13.2

 $^{^{\}phi}$ Lifetime.

This morning.

 $^{^{\}pm}$ Last night.

[¶]Past 30 days.

[∥]Past 7 days.

[¶]Past 30 days.

 $^{^{\}delta}$ Remote only.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

3. Demographics

Table A3.1 School Schedule, Past 30 Days

	Grade 5 %	Grade 6 %
In-School Model	98	100
Remote Learning Model	2	0

Question ES A.1: Which of the following best describes your school schedule during the past 30 days? Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 5 %	Grade 6 %
Female	57	42
Male	43	58

Question ES A.2: Are you female or male?

Table A3.3

Race or Ethnicity

	Grade 5	Grade 6 %
American Indian or Alaska Native, non-Hispanic	5	0
Asian or Asian American, non-Hispanic	0	5
Black or African American, non-Hispanic	5	0
Hispanic or Latinx	57	77
Native Hawaiian or Pacific Islander, non-Hispanic	0	2
White, non-Hispanic	11	5
Multiracial, non-Hispanic	2	7
Something else, non-Hispanic	20	5

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.4

Number of Days Attending Afterschool Program (In-School Only)

	Grade 5 %	Grade 6 %
0 days	69	86
1 day	2	0
2 days	2	0
3 days	2	0
0 days 1 day 2 days 3 days 4 days	2	0
5 days	24	14

Question ES A.6: How many days a week do you usually go to your school's afterschool program?

4. Routines

Table A4.1

Eating of Breakfast

	Grade 5 %	Grade 6 %
No	29	50
Yes	71	50

Question ES A.5: Did you eat breakfast this morning?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2 *Bedtime*

	Grade 5 %	Grade 6 %
Before 9:00 pm	41	20
Between 9:00 pm and 10:00 pm	39	25
Between 10:00 pm and 11:00 pm	19	32
Between 11:00 pm and midnight	0	16
After 12:00 am	2	7
Late bedtime (at 10 pm or later)	20	55

Question ES A.7: What time did you go to bed last night?

5. Remote Schooling

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	Grade 5 %	Grade 6 %
Time spent on learning and completing schoolwork from home on the average weekday		
Less than 1 hour		
Between 1 and 2 hours		
Between 2 and 3 hours		
Between 3 and 4 hours		
Between 4 and 5 hours		
More than 5 hours		
Number of days in the past week participating in an online class from home where your teacher talked to students		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		
Number of weekdays participating in school from home for the entire school day		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Table A5.2

Interesting Activities Provided for Student in Remote Schooling (Remote Only)

	Grade 5 %	Grade 6 %
No, never		_
Yes, some of the time		
Yes, most of the time		
Yes, all of the time		

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

6. School Performance, Supports, and Engagements

Table A6.1
Perceived School Performance

	Grade 5 %	Grade 6 %
One of the best students	8	14
Better than most students	21	12
About the same as others	60	65
Don't do as well as most others	12	9

Question ES A.37: How well do you do in your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Truancy, Past 30 Days

	Grade 5 %	Grade 6 %
I did not miss any days of school in the past 30 days	65	32
1 day	17	36
2 days	11	9
3 or more days	7	23

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [Inschool only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]

Table A6.3
School Environment, School Connectedness, and Academic Motivation Scales

	Grade 5 %	Grade 6 %	Table
Total school supports	66	66	
Caring adults in school	71	68	A6.4
High expectations-adults in school	84	91	A6.5
Meaningful participation at school	42	39	A6.6
School connectedness [#] (In-School Only)	69	61	A6.7
School connectedness $^{\psi}$ (<i>Remote Only</i>)			A6.7
Academic motivation	88	82	A6.8

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on average of students reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A6.4

Caring Adults in School Scale Questions

	Grade 5	Grade 6
Caring adults in school	,-	,-
Average reporting "Yes, most of the time" or "Yes, all of the time"	71	68
Do the teachers and other grown-ups at school		
care about you?		
No, never	2	0
Yes, some of the time	23	23
Yes, most of the time	32	36
Yes, all of the time	43	41
listen when you have something to say?		
No, never	4	2
Yes, some of the time	23	23
Yes, most of the time	37	33
Yes, all of the time	37	42
make an effort to get to know you?		
No, never	13	5
Yes, some of the time	25	44
Yes, most of the time	35	33
Yes, all of the time	27	19

Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Table A6.5

High Expectations-Adults in School Scale Questions

	Grade 5 %	Grade 6 %
High expectations-adults in school		
Average reporting "Yes, most of the time" or "Yes, all of the time"	84	91
Do the teachers and other grown-ups at school		
tell you when you do a good job?		
No, never	4	7
Yes, some of the time	23	11
Yes, most of the time	34	34
Yes, all of the time	40	48
believe that you can do a good job?		
No, never	0	0
Yes, some of the time	12	5
Yes, most of the time	27	33
Yes, all of the time	62	63
want you to do your best?		
No, never	0	0
Yes, some of the time	12	7
Yes, most of the time	10	14
Yes, all of the time	79	79

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Table A6.6 *Meaningful Participation at School Scale Questions*

	Grade 5	Grade 6
	%	%
Meaningful participation at school		
Average reporting "Yes, most of the time" or "Yes, all of the time"	42	39
Are you given a chance to help decide school activities or rules?		
No, never	32	18
Yes, some of the time	40	55
Yes, most of the time	21	23
Yes, all of the time	8	5
Do the teachers and other grown-ups at school ask you about your ideas?		
No, never	17	9
Yes, some of the time	42	30
Yes, most of the time	26	47
Yes, all of the time	15	14
Do the teachers and other grown-ups give you a chance to solve school problems?		
No, never	4	2
Yes, some of the time	46	43
Yes, most of the time	31	29
Yes, all of the time	19	26
Do you get to do interesting activities at/when you participate in school?		
No, never	4	5
Yes, some of the time	30	42
Yes, most of the time	42	42
Yes, all of the time	25	12

Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]

Table A6.6

Meaningful Participation at School Scale Questions – Continued

	Grade 5 %	Grade 6 %
Are you given a chance to help decide class activities or rules?		
No, never	26	16
Yes, some of the time	43	53
Yes, most of the time	19	16
Yes, all of the time	11	14
Do your teachers ask you what you want to learn about?		
No, never	48	58
Yes, some of the time	40	33
Yes, most of the time	6	7
Yes, all of the time	6	2
Do you do things to be helpful at/in school?		
No, never	0	7
Yes, some of the time	31	45
Yes, most of the time	56	31
Yes, all of the time	13	17

Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A6.7
School Connectedness Scale Questions

	Grade 5	Grade 6
School connectedness# (In-School Only)	%0	%
Average reporting "Yes, most of the time" or "Yes, all of the time"	69	61
School connectedness $^{\psi}$ (Remote Only)		
Average reporting "Yes, most of the time" or "Yes, all of the time"		
Do you feel close to people at/from this school?		
No, never	15	7
Yes, some of the time	36	41
Yes, most of the time	25	32
Yes, all of the time	25	20
Are you happy to be at/with this school?		
No, never	4	12
Yes, some of the time	25	44
Yes, most of the time	32	30
Yes, all of the time	40	14
Do you feel like you are part of this school?		
No, never	6	5
Yes, some of the time	25	25
Yes, most of the time	26	39
Yes, all of the time	43	32
Do teachers treat students fairly?		
No, never	6	9
Yes, some of the time	12	21
Yes, most of the time	29	37
Yes, all of the time	54	33

Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

[#]The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A6.7
School Connectedness Scale Questions – Continued

	Grade 5 %	Grade 6 %
Do you feel safe at school? (In-School Only)		
No, never	7	5
Yes, some of the time	15	26
Yes, most of the time	39	50
Yes, all of the time	39	19

Question ES A.75: Do you feel safe at school? [In-school only]

Table A6.8

Academic Motivation Scale Questions

	Grade 5	Grade 6
	%	%
Academic motivation		
Average reporting "Yes, most of the time" or "Yes, all of the time"	88	82
Do you finish all your school assignments?		
No, never	0	2
Yes, some of the time	8	19
Yes, most of the time	37	60
Yes, all of the time	55	19
When you get a bad grade, do you try even harder the next time?		
No, never	2	2
Yes, some of the time	4	7
Yes, most of the time	18	14
Yes, all of the time	76	76
Do you keep working and working on your schoolwork until you get it right?		
No, never	2	2
Yes, some of the time	20	26
Yes, most of the time	39	38
Yes, all of the time	39	33
Do you keep doing your schoolwork even when it's really hard for you?		
No, never	0	2
Yes, some of the time	14	10
Yes, most of the time	31	24
Yes, all of the time	55	64

Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

Table A6.9
School Boredom

	Grade 5 %	Grade 6
No, never	8	10
Yes, some of the time	43	26
Yes, most of the time	22	29
Yes, all of the time	27	36

Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10

Quality of School Physical Environment (In-School Only)

	Grade 5 %	Grade 6 %
Is your school building neat and clean?		
No, never	4	2
Yes, some of the time	15	27
Yes, most of the time	42	36
Yes, all of the time	38	34

Question ES A.24: Is your school building neat and clean?

7. Supports for Learning at School

Table A7.1
Social and Emotional Learning Supports Scale Questions

	Grade 5	Grade 6
Social and emotional learning supports	,-	, ,
Average reporting "Yes, most of the time" or "Yes, all of the time"	81	75
Does your school		
help students resolve conflicts with one another?		
No, never	2	10
Yes, some of the time	20	29
Yes, most of the time	41	24
Yes, all of the time	37	38
teach students to understand how other students think and feel?		
No, never	4	2
Yes, some of the time	19	21
Yes, most of the time	48	50
Yes, all of the time	29	26
teach students to feel responsible for how they act?		
No, never	4	5
Yes, some of the time	19	17
Yes, most of the time	29	44
Yes, all of the time	48	34
teach students to care about each other and treat each other with respect?		
No, never	0	2
Yes, some of the time	10	14
Yes, most of the time	23	24
Yes, all of the time	67	60

Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect? Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Teachers Checking on how Students are Feeling

	Grade 5 %	Grade 6
No, never	11	16
Yes, some of the time	38	50
Yes, most of the time	26	18
Yes, all of the time	25	16

Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling? Note: Cells are empty if there are less than 10 respondents.

Table A7.3
Students at School Motivated to Learn

	Grade 5 %	Grade 6 %
No, never	9	7
Yes, some of the time	42	61
Yes, most of the time	38	27
Yes, all of the time	11	5

Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1
Fairness Scale Ouestions

	Grade 5 %	Grade 6 %
Fairness		
Average reporting "Yes, most of the time" or "Yes, all of the time"	74	57
Do teachers treat students fairly?		
No, never	6	9
Yes, some of the time	12	21
Yes, most of the time	29	37
Yes, all of the time	54	33
Are the school rules fair?		
No, never	12	14
Yes, some of the time	27	47
Yes, most of the time	31	23
Yes, all of the time	31	16
Do teachers and other grown-ups at school treat students with respect?		
No, never	4	7
Yes, some of the time	4	19
Yes, most of the time	38	38
Yes, all of the time	54	36
Are students treated fairly when they break school rules?		
No, never	13	14
Yes, some of the time	27	40
Yes, most of the time	29	19
Yes, all of the time	31	26

Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?

Table A8.2 Clarity of Rules

	Grade 5 %	Grade 6 %
Do students know what the rules are?		
No, never	4	2
Yes, some of the time	13	29
Yes, most of the time	38	36
Yes, all of the time	44	33

Question ES A.49: Do students know what the rules are?

Table A8.3

Positive Behavior Scale Questions

	Grade 5	Grade 6
Design believe (I. C.L. 10.1)	%	%
Positive behavior (In-School Only)		
Average reporting "Yes, most of the time" or "Yes, all of the time"	93	92
Positive behavior $(Remote\ Only)$		
Average reporting "Yes, most of the time" or "Yes, all of the time"		
Do you follow the classroom rules?		
No, never	0	0
Yes, some of the time	4	5
Yes, most of the time	37	45
Yes, all of the time	59	50
Do you follow the playground rules at recess and lunch times? (<i>In-School Only</i>)		
No, never	0	2
Yes, some of the time	10	15
Yes, most of the time	38	41
Yes, all of the time	52	41
Do you listen when your teacher is talking?		
No, never	0	0
Yes, some of the time	6	7
Yes, most of the time	29	33
Yes, all of the time	65	60
Are you nice to other students?		
No, never	2	0
Yes, some of the time	6	2
Yes, most of the time	29	29
Yes, all of the time	63	68

Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?

 $^{^{}ar{\wedge}}$ The scale was based on four survey questions for in-school respondents.

 $^{^{\}lambda}$ The scale was based on three questions for remote respondents.

Table A8.4

Students at School Well Behaved

	Grade 5 %	Grade 6 %
No, never	6	10
Yes, some of the time	49	50
Yes, most of the time	41	40
Yes, all of the time	4	0

Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School (In-School Only)

	Grade 5 %	Grade 6 %
Do you feel safe at school?		
No, never	7	5
Yes, some of the time	15	26
Yes, most of the time	39	50
Yes, all of the time	39	19
Do you feel safe on your way to and from school?		
No, never	0	2
Yes, some of the time	24	14
Yes, most of the time	22	45
Yes, all of the time	54	38

Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school? Note: Cells are empty if there are less than 10 respondents.

Table A9.2 Violence Victimization Scale Questions

	Grade 5 %	Grade 6 %
Violence victimization (In-School Only)		
Average reporting "Yes"	43	40
Do other kids hit or push you at school when they are not just playing around? (In-School Only)		
No, never	66	74
Yes, some of the time	23	19
Yes, most of the time	4	5
Yes, all of the time	6	2
Do other kids at/from school spread mean rumors or lies about you?		
No, never	60	60
Yes, some of the time	33	21
Yes, most of the time	2	10
Yes, all of the time	4	10
Do other kids at/from school call you bad names or make mean jokes about you?		
No, never	46	48
Yes, some of the time	44	31
Yes, most of the time	8	7
Yes, all of the time	2	14

Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]

Table A9.3

Cyberbullying, Past 30 Days

	Grade 5 %	Grade 6 %
No, never	77	69
Yes, some of the time	13	17
Yes, most of the time	4	5
Yes, all of the time	6	10

Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Been Teased About Body Image

	Grade 5 %	Grade 6 %
No	62	60
Yes	38	40

Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A9.5
Weapons (Gun or Knife) on School Property, Past Year (In-School Only)

	Grade 5 %	Grade 6 %
Brought a gun or knife to school		
No	100	100
Yes	0	0
Saw another kid with a gun or knife at school		
No	85	88
Yes	15	12

Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Table A9.6
Antibullying Climate Scale Questions

	Grade 5 %	Grade 6 %
Antibullying climate		
Average reporting "Yes, most of the time" or "Yes, all of the time"	77	70
Teachers and other grown-ups make it clear that bullying is not allowed.		
No, never	0	0
Yes, some of the time	6	10
Yes, most of the time	16	12
Yes, all of the time	78	79
If you tell a teacher that you've been bullied, the teacher will do something to help.		
No, never	6	2
Yes, some of the time	10	20
Yes, most of the time	25	24
Yes, all of the time	59	54
Students at/from your school try to stop bullying when they see it happening.		
No, never	16	26
Yes, some of the time	31	31
Yes, most of the time	31	31
Yes, all of the time	22	12

Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %	Grade 6 %
High expectations-adults at home		
Average reporting "Yes, most of the time" or "Yes, all of the time"	96	90
Does a parent or some other grown-up at home		
believe that you can do a good job?		
No, never	0	5
Yes, some of the time	7	7
Yes, most of the time	13	17
Yes, all of the time	80	71
want you to do your best?		
No, never	0	2
Yes, some of the time	2	5
Yes, most of the time	11	7
Yes, all of the time	87	86

Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Table A10.2

Parent Involvement in Schooling Scale Questions

	Grade 5	Grade 6
Downet involvement in solveding	%	%
Parent involvement in schooling		
Average reporting "Yes, most of the time" or "Yes, all of the time"	74	63
Does a parent or some other grown-up at home		
care about your schoolwork?		
No, never	0	2
Yes, some of the time	7	10
Yes, most of the time	27	29
Yes, all of the time	67	60
ask if you did your homework/schoolwork?		
No, never	7	2
Yes, some of the time	14	17
Yes, most of the time	23	21
Yes, all of the time	57	60
check your homework/schoolwork?		
No, never	23	27
Yes, some of the time	16	39
Yes, most of the time	23	20
Yes, all of the time	39	15
ask you about school?		
No, never	5	5
Yes, some of the time	23	29
Yes, most of the time	23	31
Yes, all of the time	50	36
ask you about your grades?		
No, never	16	12
Yes, some of the time	20	43
Yes, most of the time	23	26
Yes, all of the time	41	19

Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

11. Alcohol and Other Drug (AOD) Use

Table A11.1
Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %	Grade 6 %
Alcohol, one or two sips	13	19
Alcohol, a full glass	0	0
Inhalants (to get high)	2	2
Marijuana (smoke, vape, eat, or drink)	2	2
None of the above	85	79
Any of the above	15	21

Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high"?... Have you ever used any marijuana (smoke, vape, eat, or drink)? Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5	Grade 6 %
Alcohol		
No, not bad	2	7
Yes, a little bad	34	40
Yes, very bad	64	52
Marijuana (smoke, vape, eat, or drink)		
No, not bad	2	0
Yes, a little bad	2	10
Yes, very bad	67	81
I don't know what marijuana is	29	10

Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?

12. Tobacco Use and Vaping

Table A12.1 Cigarette Use and Vaping, Lifetime

	Grade 5 %	Grade 6 %
Ever smoked a cigarette	0	0
Part of a cigarette, like one or two puffs	0	0
A whole cigarette	0	0
Ever vaped	0	0

Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?

Note: Cells are empty if there are less than 10 respondents.

Table A12.2

Perception of Health Risk of Cigarette Use and Vaping

	Grade 5 %	Grade 6 %
Do you think smoking cigarettes is bad for a person's health?		
No, not bad	0	0
Yes, a little bad	7	2
Yes, very bad	93	98
Do you think vaping is bad for a person's health?		
No, not bad	0	0
Yes, a little bad	13	20
Yes, very bad	87	80

Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?...

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %	Grade 6 %
No, never	17	36
Yes, some of the time	53	45
Yes, most of the time	26	10
Yes, all of the time	4	10

Question ES A.80: Do you feel sad?

Note: Cells are empty if there are less than 10 respondents.

Table A13.2 Wellness

	Grade 5 %	Grade 6
Do you feel good and happy?		
No, never	4	7
Yes, some of the time	26	36
Yes, most of the time	49	36
Yes, all of the time	21	21

Question ES A.79: Do you feel good and happy?

14. Race/Ethnic Breakdowns

Table A14.1 School Engagement and Supports by Race/Ethnicity

	Grade 5 %	Grade 6 %
School Connectedness†# (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	71	62
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
School Connectedness [†] (Remote Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Academic motivation [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	86	80
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A14.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5	Grade 6 %
School boredom [†]	70	70
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	52	66
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Caring adults in school [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	69	66
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	80	
High expectations-adults in school [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	84	88
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	90	

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5	Grade 6
Magningful nauticination†	%	%
Meaningful participation [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	44	39
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	44	
Facilities upkeep [†] (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	91	74
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Parent involvement in schooling [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	74	64
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
Social and emotional learning supports [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	81	76
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	83	
Antibullying climate [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	75	69
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.2
School Safety by Race/Ethnicity (In-School Only)

	Grade 5	Grade 6
Feel safe at school [†]	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
	87	69
Hispanic or Latinx Native Hawaiian or Pacific Islander	07	09
White		
Mixed (two or more) ethnics		
Something else		
Feel safe on way to and from school [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	77	81
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Been hit or pushed		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	26	25
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.2
School Safety by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
Mean rumors spread about you	70	//
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	29	44
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Called bad names or target of mean jokes		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	52	50
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Saw a weapon at school [§] (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	16	16
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[§]Past year.

Table A14.3

Cyberbullying by Race/Ethnicity

	Grade 5 %	Grade 6 %
Cyberbullying [¶]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	23	34
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[¶]Past 30 days.

Table A14.4
School Disciplinary Environment by Race/Ethnicity

	Grade 5	Grade 6
Rule clarity [†]	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
	0.4	(2
Hispanic or Latinx	94	63
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	70	
Students well behaved [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	47	41
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	30	
Students treated fairly when break rules [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	65	44
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	60	

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.4
School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
Students treated with respect [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	94	75
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	100	

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.5
Substance Use by Race/Ethnicity

	Grade 5	Grade 6
Alcohol or drug use $^\phi$	%	%
Anconor or drug use [*] American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	17	22
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Marijuana use $^\phi$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	3
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Cigarette use $^{\phi}$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander	<u> </u>	
White		
Mixed (two or more) ethnics		
Something else		
John Curing Cisc		

 $^{^{\}phi} Lifetime.$

Table A14.5
Substance Use by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
aping $^\phi$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

 $^{^{\}phi}$ Lifetime.

Table A14.6

Routines by Race/Ethnicity

	Grade 5 %	Grade 6
Eating of breakfast	·	·
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	75	48
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	73	
Late bedtime (at 10 pm or later) $^\pm$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	28	56
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else	0	

This morning.

 $^{^{\}pm}$ Last night.

Table A14.7

Remote Schooling by Race/Ethnicity (Remote Only)

	Grade 5 %	Grade 6
Remote learning frequency (5 days per week)¶	,-	,-
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Synchronous instruction (4 days or more) [∥]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Meaningful opportunities [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[∥]Past 7 days.

[¶]Past 30 days.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.8

Mental Health by Race/Ethnicity

	Grade 5 %	Grade 6 %
Frequent sadness [†]	///	/0
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	37	13
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Vellness [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	70	63
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

15. Gender Breakdowns

Table A15.1

Key Indicators of School Climate and Substance Use by Gender

	Grad	Grade 5		Grade 6	
	Female	Male	Female	Male	
	%	%	%	%	
School Engagement and Supports					
School connectedness ^{†#} (<i>In-School Only</i>)	73	64	62	61	
School connectedness $^{\dagger\psi}$ (Remote Only)					
Academic motivation [†]	86	90	85	80	
School boredom [†]	45	55	72	58	
Caring adults in school [†]	70	71	70	67	
High expectations-adults in school [†]	84	83	89	92	
Meaningful participation at school [†]	45	40	45	35	
Facilities upkeep $^{\dagger\Phi}$	80	82	74	68	
Parent involvement in schooling [†]	73	76	62	64	
Social and emotional learning supports [†]	87	73	79	72	
Antibullying climate [†]	79	74	70	69	

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

 $^{^{\}Phi}$ *In-school only.*

Table A15.1

Key Indicators of School Climate and Substance Use by Gender – Continued

	Grad	Grade 5		de 6
	Female	Male	Female	Male
School Safety and Cyberbullying	%	%	%	%
Feel safe at school $^{\dagger\Phi}$	77	90	72	67
		80	72	
Feel safe on way to and from school $^{\dagger\Phi}$	85	65	78	88
Been hit or pushed $^{\Phi}$	27	43	11	38
Mean rumors spread about you	37	43	33	46
Called bad names or target of mean jokes	52	57	56	50
Saw a weapon at school $^{\$\Phi}$	12	19	6	17
Cyberbullying [¶]	30	14	39	25
School Disciplinary Environment				
Rule clarity [†]	80	86	83	58
Students well behaved [†]	50	38	44	38
Students treated fairly when break rules [†]	67	50	56	38
Students treated with respect [†]	93	91	67	79
Substance Use				
Alcohol or drug use $^\phi$	11	21	11	29
Marijuana use $^\phi$	4	0	0	4
Cigarette use $^{\phi}$	0	0	0	0
$Vaping^\phi$	0	0	0	0

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

 $^{^{\}Phi}$ *In-school only.*

[§]Past year.

[¶]Past 30 days.

 $^{^{\}phi}$ Lifetime.

Table A15.2

Key Indicators of Routines, Remote Schooling, and Mental Health by Gender

	Grad	Grade 5		de 6
	Female %	Male %	Female %	Male %
Routines	70	70	70	70
Eating of breakfast	75	65	37	61
Late bedtime (after 10 pm) [±]	16	27	53	56
Remote Schooling				
Remote learning frequency (5 days per week) $^{\P\delta}$				
Synchronous instruction (4 days or more) $^{\parallel \delta}$				
Meaningful opportunities $^{\dagger\delta}$				
Mental Health				
Frequent sadness [†]	30	30	33	8
Wellness [†]	67	75	39	71

This morning.

 $^{^{\}pm}$ Last night.

[¶]Past 30 days.

 $^{^{\}delta}$ *Remote only.*

[∥]Past 7 days.

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Social Emotional Health Module

1. Module Sample

Table F1.1
Student Sample for Social Emotional Health Module

	Grade 5	Grade 6
Student Sample Size		_
Target sample	73	81
Final number	44	42
Response Rate	60%	52%

2. Summary of Key Indicators

Table F2.1

Key Indicators of Social Emotional Health

	Grade 5 %	Grade 6 %	Table
Covitality ^{†‡}	74	64	
Belief in self [†]	81	76	F2.2
Belief in others ^{†‡}	77	74	F2.2
Empathy [†]	80	61	F5.1
Engaged living [†]	60	44	F2.2
Growth mindset $^{\Gamma}$	71	77	F7.1
Collaboration [†]	75	67	F8.1
Problem solving [†]	48	51	F9.1
Social emotional distress $^{\bar{\wedge}}$	20	23	F10.1
Life satisfaction $^{\mp}$	73	61	F10.2

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

 $[\]Gamma$ All survey questions that comprise the scale were reverse-coded in computing the scale score.

 $ar{\bar{\wedge}}$ Average percent of respondents reporting "Often" or "Always."

[‡]Average percent of respondents reporting "Satisfied" or "Very satisfied."

Table F2.2

Covitality Domain and Subdomains

	Grade 5	Grade 6 %	Table
Belief in self [†]	81	76	
Self-efficacy [†]	75	69	F3.1
Persistence [†]	87	82	F3.2
Belief in others ^{†‡}	77	74	
School supports [†]	78	84	F4.1
Peer supports [‡]	76	64	F4.2
Emotional competence			
Empathy †	80	61	F5.1
Engaged living [†]	60	44	
Optimism [†]	60	54	F6.1
Gratitude [†]	82	64	F6.2
Zest [†]	37	14	F6.3

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

3. Belief in Self

Table F3.1
Self-Efficacy Scale Questions

	Grade 5 %	Grade 6
Self-efficacy	, -	, -
Average reporting "Yes, most of the time" or "Yes, all of the time"	75	69
Can you do most things if you try?		
No, never	0	2
Yes, some of the time	25	26
Yes, most of the time	36	38
Yes, all of the time	39	33
Can you work out your problems?		
No, never	9	0
Yes, some of the time	23	40
Yes, most of the time	34	38
Yes, all of the time	34	21
Are there many things you do well?		
No, never	2	2
Yes, some of the time	16	21
Yes, most of the time	48	48
Yes, all of the time	34	29

Question F.8-10: Can you do most things if you try?... Can you work out your problems?... Are there many things you do well?

Table F3.2

Persistence Scale Questions

	Grade 5	Grade 6
D 14	%	%
Persistence		
Average reporting "Yes, most of the time" or "Yes, all of the time"	87	82
Do you finish all your school assignments?		
No, never	0	2
Yes, some of the time	9	19
Yes, most of the time	39	60
Yes, all of the time	52	19
When you get a bad grade, do you try even harder the next time?		
No, never	0	2
Yes, some of the time	5	7
Yes, most of the time	18	14
Yes, all of the time	77	76
Do you keep working and working on your schoolwork until you get it right?		
No, never	2	2
Yes, some of the time	23	26
Yes, most of the time	36	38
Yes, all of the time	39	33
Do you keep doing your schoolwork even when it's really hard for you?		
No, never	0	2
Yes, some of the time	14	10
Yes, most of the time	30	24
Yes, all of the time	57	64

Question ES A.60-63: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

4. Belief in Others

Table F4.1 School Supports Scale Questions

	Grade 5	Grade 6
School supports	70	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	78	84
Do the teachers and other grown-ups at school		
tell you when you do a good job?		
No, never	5	5
Yes, some of the time	20	12
Yes, most of the time	36	33
Yes, all of the time	39	50
listen when you have something to say?		
No, never	5	2
Yes, some of the time	25	24
Yes, most of the time	36	31
Yes, all of the time	34	43
believe that you can do a good job?		
No, never	0	0
Yes, some of the time	11	5
Yes, most of the time	30	33
Yes, all of the time	59	62

Question ES A.30, 39, 40: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school believe that you can do a good job?

Table F4.2

Peer Supports Scale Questions

	Grade 5 %	Grade 6 %
Peer supports		
Average reporting "Pretty much true" or "Very much true"	76	64
I have a friend my age who really cares about me.		
Not at all true	2	5
A little true	7	14
Pretty much true	34	38
Very much true	57	43
I have a friend my age who helps me when I am having a hard time.		
Not at all true	7	17
A little true	16	21
Pretty much true	25	31
Very much true	52	31
I have a friend my age who talks with me about my problems.		
Not at all true	11	19
A little true	30	31
Pretty much true	32	21
Very much true	27	29

Question F.23-25: I have a friend my age who really cares about me... I have a friend my age who helps me when I am having a hard time... I have a friend my age who talks with me about my problems.

5. Emotional Competence

Table F5.1

Empathy Scale Questions

	Grade 5 %	Grade 6 %
Empathy		
Average reporting "Yes, most of the time" or "Yes, all of the time"	80	61
Do you try to understand how other people feel?		
No, never	5	14
Yes, some of the time	18	24
Yes, most of the time	39	40
Yes, all of the time	39	21
Do you feel bad when someone else gets their feelings hurt?		
No, never	5	7
Yes, some of the time	5	27
Yes, most of the time	30	37
Yes, all of the time	61	29
Do you try to understand what other people go through?		
No, never	5	7
Yes, some of the time	21	36
Yes, most of the time	26	33
Yes, all of the time	49	24

Question ES F.3-5: Do you try to understand how other people feel?... Do you feel bad when someone else gets their feelings hurt?... Do you try to understand what other people go through?

6. Engaged Living

Table F6.1

Optimism Scale Questions

	Grade 5	Grade 6
	%	%
Optimism		
Average reporting "Yes, most of the time" or "Yes, all of the time"	60	54
When you have a problem at school, do you think it will get better in the future?		
No, never	9	17
Yes, some of the time	41	36
Yes, most of the time	20	31
Yes, all of the time	30	17
Do you expect that you will feel happy during class time?		
No, never	14	31
Yes, some of the time	28	29
Yes, most of the time	35	31
Yes, all of the time	23	10
Do you feel positive that good things will happen to you at school?		
No, never	18	24
Yes, some of the time	30	29
Yes, most of the time	32	33
Yes, all of the time	20	14
Do you feel positive that you will have fun with your friends at school?		
No, never	2	2
Yes, some of the time	16	15
Yes, most of the time	36	29
Yes, all of the time	45	54

Question ES F.16, 18, 20, 22: When you have a problem at school, do you think it will get better in the future?... Do you expect that you will feel happy during class time?... Do you feel positive that good things will happen to you at school?... Do you feel positive that you will have fun with your friends at school?

Table F6.2

Gratitude Scale Questions

	Grade 5 %	Grade 6 %
Gratitude		
Average reporting "Yes, most of the time" or "Yes, all of the time"	82	64
Do you feel thankful to go to your school?		
No, never	9	7
Yes, some of the time	9	40
Yes, most of the time	36	26
Yes, all of the time	45	26
Are you thankful when you get to learn new things at school?		
No, never	2	5
Yes, some of the time	32	43
Yes, most of the time	32	33
Yes, all of the time	34	19
Are you thankful to have nice teachers at your school?		
No, never	0	2
Yes, some of the time	2	10
Yes, most of the time	16	21
Yes, all of the time	82	67

Question ES F.6, 14, 17: Do you feel thankful to go to your school?... Are you thankful when you get to learn new things at school?... Are you thankful to have nice teachers at your school? Note: Cells are empty if there are less than 10 respondents.

Table F6.3

Zest Scale Questions

	Grade 5 %	Grade 6 %
Zest		
Average reporting "Yes, most of the time" or "Yes, all of the time"	37	14
Do you get really excited when you learn something new at school?		
No, never	14	43
Yes, some of the time	39	38
Yes, most of the time	27	17
Yes, all of the time	20	2
Do you wake up in the morning excited to go to school?		
No, never	27	57
Yes, some of the time	34	31
Yes, most of the time	32	12
Yes, all of the time	7	0
Do you get excited about your schoolwork?		
No, never	39	64
Yes, some of the time	36	24
Yes, most of the time	14	10
Yes, all of the time	11	2

Question ES F.15, 19, 21: Do you get really excited when you learn something new at school?... Do you wake up in the morning excited to go to school?... Do you get excited about your schoolwork? Note: Cells are empty if there are less than 10 respondents.

7. Growth Mindset

Table F7.1

Growth Mindset Scale Questions

	Grade 5 %	Grade 6 %
Growth mindset $^{\Gamma}$		
Average reporting "A little true" or "Not at all true"	71	77
Challenging myself won't make me any smarter.		
Not at all true	51	43
A little true	21	31
Pretty much true	16	12
Very much true	12	14
There are some things I am not capable of learning.		
Not at all true	28	37
A little true	33	39
Pretty much true	28	12
Very much true	12	12
If I am not naturally smart in a subject, I will never do well in it.		
Not at all true	53	52
A little true	26	29
Pretty much true	12	7
Very much true	9	12

Question ES F.26-28: Challenging myself won't make me any smarter... There are some things I am not capable of learning... If I am not naturally smart in a subject, I will never do well in it.

 $^{^{\}Gamma}$ All survey questions that comprise the scale were reverse-coded in computing the scale score.

8. Collaboration

Table F8.1 Collaboration Scale Questions

	Grade 5 %	Grade 6 %
Collaboration		
Average reporting "Yes, most of the time" or "Yes, all of the time"	75	67
Do you get along or work well with students who are different from you?		
No, never	5	2
Yes, some of the time	25	29
Yes, most of the time	48	40
Yes, all of the time	23	29
Do you enjoy working with other students?		
No, never	9	2
Yes, some of the time	23	34
Yes, most of the time	48	27
Yes, all of the time	20	37
Do you listen to other students' ideas?		
No, never	2	2
Yes, some of the time	11	29
Yes, most of the time	39	43
Yes, all of the time	48	26

Question ES F.1, 2, 7: Do you get along or work well with students who are different from you?... Do you enjoy working with other students?... Do you listen to other students' ideas?

9. Problem Solving

Table F9.1

Problem Solving Scale Questions

	Grade 5 %	Grade 6 %
Problem solving		
Average reporting "Yes, most of the time" or "Yes, all of the time"	48	51
Do you know where to go for help with a problem?		
No, never	5	10
Yes, some of the time	27	14
Yes, most of the time	27	26
Yes, all of the time	41	50
Do you try to work out your problems by talking or writing about them?		
No, never	16	38
Yes, some of the time	45	33
Yes, most of the time	20	26
Yes, all of the time	18	2
When you need help, do you find someone to talk with about it?		
No, never	16	29
Yes, some of the time	45	24
Yes, most of the time	11	36
Yes, all of the time	27	12

Question ES F.11-13: Do you know where to go for help with a problem?... Do you try to work out your problems by talking or writing about them?... When you need help, do you find someone to talk with about it? Note: Cells are empty if there are less than 10 respondents.

10. Social and Emotional Health

Table F10.1
Social Emotional Distress Scale Questions

	Grade 5 %	Grade 6 %
Social emotional distress		
Average reporting "Often" or "Always"	20	23
I feel lonely.		
Never	23	45
Sometimes	60	31
Often	12	12
Always	5	12
I am unhappy.		
Never	26	26
Sometimes	56	52
Often	14	12
Always	5	10
Nobody likes me.		
Never	49	57
Sometimes	35	26
Often	9	5
Always	7	12
I worry a lot.		
Never	16	12
Sometimes	49	46
Often	21	22
Always	14	20
I have problems sleeping.		
Never	40	37
Sometimes	30	46
Often	16	5
Always	14	12

Question ES F.33-37: I feel lonely... I am unhappy... Nobody likes me... I worry a lot... I have problems sleeping.

Table F10.1
Social Emotional Distress Scale Questions – Continued

	Grade 5 %	Grade 6 %
feel scared.		
Never	40	56
Sometimes	49	24
Often	7	12
Always	5	7
I worry when I am at school.		
Never	53	61
Sometimes	33	15
Often	2	15
Always	12	10

Question ES F.38, 39: I feel scared... I worry when I am at school.

Table F10.2 *Life Satisfaction Scale Questions*

	Grade 5	Grade 6 %
Life satisfaction	%	<u> </u>
Average reporting "Satisfied" or "Very satisfied"	73	61
I would describe my satisfaction with	,,,	
my family life as		
Very dissatisfied	0	2
Dissatisfied	0	0
A little dissatisfied	2	12
A little satisfied	12	10
Satisfied	40	29
Very satisfied	47	48
my friendships as		
Very dissatisfied	2	2
Dissatisfied	2	5
A little dissatisfied	7	0
A little satisfied	9	19
Satisfied	40	40
Very satisfied	40	33
my school experience as		
Very dissatisfied	2	2
Dissatisfied	2	2
A little dissatisfied	7	17
A little satisfied	28	36
Satisfied	40	36
Very satisfied	21	7

Question ES F.29-31: I would describe my satisfaction with my family life as... I would describe my satisfaction with my friendships as... I would describe my satisfaction with my school experiences as...

Table F10.2

Life Satisfaction Scale Questions – Continued

	Grade 5 %	Grade 6 %
I would describe my satisfaction with		
my myself as		
Very dissatisfied	5	17
Dissatisfied	0	2
A little dissatisfied	5	5
A little satisfied	26	26
Satisfied	35	24
Very satisfied	30	26

Question ES F.32: I would describe my satisfaction with myself as.