

# CALIFORNIA HEALTHY KIDS SURVEY



## River Oaks Elementary Elementary 2023-2024 Main Report



This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

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# PREFACE

## HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2023-24 *California Healthy Kids Survey* (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education’s *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS.

These surveys grew out of the California Department of Education’s (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website ([calschls.org](https://calschls.org)). The California Safe and Supportive Schools website ([ca-safe-supportive-schools.wested.org](https://ca-safe-supportive-schools.wested.org)) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

## THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.



## **Core Module**

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

## **Social Emotional Health Module (Supplementary)**

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

## **Mental Health Supports Module (Supplementary)**

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

## **SURVEY ADMINISTRATION AND SAMPLE**

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

## **THE REPORT**

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.



## Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

## ONLINE DATA DASHBOARDS

**Public Dashboard.** Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard ([calschls.org/my-surveys](https://calschls.org/my-surveys)). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

**The District Dashboard Option.** Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

## UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

### Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

### Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the

questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

## RESOURCES

[CalSCHLS.org](https://calschls.org) contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level ([calschls.org/resources/factsheets](https://calschls.org/resources/factsheets)).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate ([data.calschls.org/resources/S3\\_schoolclimateguidebook\\_final.pdf](https://data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf)).
- The **California Center for School Climate** ([ca-safe-supportive-schools.wested.org/california-center-for-school-climate/](https://ca-safe-supportive-schools.wested.org/california-center-for-school-climate/)) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on [ca-safe-supportive-schools.wested.org/subscribe/](https://ca-safe-supportive-schools.wested.org/subscribe/).
- CDE's **California Safe and Supportive Schools** website ([ca-safe-supportive-schools.wested.org](https://ca-safe-supportive-schools.wested.org)) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** ([calschls.org/resources/#resources\\_and\\_tools](https://calschls.org/resources/#resources_and_tools)) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

## NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable

for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor ([calschls.org/contact](https://calschls.org/contact)) or email [calschls@wested.org](mailto:calschls@wested.org).

## Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys.** If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk ([calschls.org/resources/#resources\\_and\\_tools](https://calschls.org/resources/#resources_and_tools)) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results.** Examine how the results for 5<sup>th</sup> graders compare with those for 7<sup>th</sup>, 9<sup>th</sup>, and 11<sup>th</sup> graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data.** Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results.** The aggregated results from the 2019-2021 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website ([calschls.org/docs/statewide\\_1921\\_elem\\_chks.pdf](https://calschls.org/docs/statewide_1921_elem_chks.pdf)) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison ([calschls.org/reports-data/search-lea-reports](https://calschls.org/reports-data/search-lea-reports)). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

## Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor ([calschls.org/contact](https://calschls.org/contact)) or email [calschls@wested.org](mailto:calschls@wested.org).

## Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster

more effective use of the results in support of school and program improvement efforts and the LCAP process.

### **School Climate Report Card**

In addition to this school-level report with all the survey results, a short, user-friendly, graphic **School Climate Report Card** is also available. The School Climate Report Card provides trends across key indicators of school climate and provides two-year state averages on those indicators ([calschls.org/reports-data/#slcr](https://calschls.org/reports-data/#slcr)).

### **Disaggregated Reports**

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

### **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis ([calschls.org/reports-data](https://calschls.org/reports-data)). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

### **Add Questions to Your Next Surveys**

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email [calschls@wested.org](mailto:calschls@wested.org).

**Exhibit 1*****Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools***

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
<b>Student Learning Engagement</b>				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
<b>Student Social-Emotional and Physical Well-being</b>				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
<b>School Climate Conditions</b>				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
<b>School Climate Improvement Practices</b>				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

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The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

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# Survey Module Administration

**Table 1**

***CHKS Survey Modules Administered***

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	X
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	
Z. Custom Questions	



# Core Module Results

## 1. Survey Sample

**Table A1.1**

*Student Sample Characteristics*

	Grade 5	Grade 6
<b><i>Student Sample Size</i></b>		
Target sample	67	85
Final number	37	63
<b>Response Rate</b>	55%	74%

**Table A1.2**

*Number of Respondents by Instructional Model*

	Grade 5	Grade 6
In-school learning only	36	63
Remote learning only	1	0

## 2. Summary of Key Indicators

**Table A2.1**

**Key Indicators of School Climate**

	Grade 5 %	Grade 6 %	Table
<b>School Engagement and Supports</b>			
School connectedness <sup>†#</sup> ( <i>In-School Only</i> )	71	72	A6.3
School connectedness <sup>†ψ</sup> ( <i>Remote Only</i> )			A6.3
Academic motivation <sup>†</sup>	83	84	A6.3
School boredom <sup>†</sup>	58	41	A6.9
Caring adults in school <sup>†</sup>	72	74	A6.3
High expectations-adults in school <sup>†</sup>	87	87	A6.3
Meaningful participation <sup>†</sup>	38	44	A6.3
Facilities upkeep <sup>†Φ</sup>	80	79	A6.10
Parent involvement in schooling <sup>†</sup>	83	81	A10.2
Social and emotional learning supports <sup>†</sup>	79	86	A7.1
Antibullying climate <sup>†</sup>	79	70	A9.6
<b>School Safety and Cyberbullying</b>			
Feel safe at school <sup>†Φ</sup>	81	86	A9.1
Feel safe on way to and from school <sup>†Φ</sup>	81	87	A9.1
Been hit or pushed <sup>Φ</sup>	29	16	A9.2
Mean rumors spread about you	36	38	A9.2
Called bad names or target of mean jokes	48	54	A9.2
Saw a weapon at school <sup>§Φ</sup>	13	5	A9.5
Cyberbullying <sup>¶</sup>	18	18	A9.3
<b>School Disciplinary Environment</b>			
Rule clarity <sup>†</sup>	74	81	A8.2
Students well behaved <sup>†</sup>	41	30	A8.4
Students treated fairly when break rules <sup>†</sup>	59	54	A8.1
Students treated with respect <sup>†</sup>	88	89	A8.1

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>#</sup>The scale was based on five survey questions for in-school respondents.

<sup>ψ</sup>The scale was based on four questions for remote respondents.

<sup>Φ</sup>In-school only.

<sup>§</sup>Past year.

<sup>¶</sup>Past 30 days.

**Table A2.2****Key Indicators of Substance Use, Routines, Remote Schooling, and Student Well-Being**

	Grade 5 %	Grade 6 %	Table
<b>Substance Use</b>			
Alcohol or drug use <sup>ϕ</sup>	12	11	A11.1
Marijuana use <sup>ϕ</sup>	0	0	A11.1
Cigarette use <sup>ϕ</sup>	3	0	A12.1
Vaping <sup>ϕ</sup>	0	0	A12.1
<b>Routines</b>			
Eating of breakfast <sup>l</sup>	51	65	A4.1
Late bedtime (at 10 pm or later) <sup>±</sup>	19	35	A4.2
<b>Remote Schooling</b>			
Remote learning frequency (5 days per week) <sup>¶δ</sup>			A5.1
Synchronous instruction (4 days or more) <sup>¶δ</sup>			A5.1
Meaningful opportunities <sup>†δ</sup>			A5.2
<b>Mental Health</b>			
Frequent sadness <sup>†</sup>	12	14	A13.1
Wellness <sup>†</sup>	76	73	A13.2

Notes: Cells are empty if there are less than 10 respondents.

<sup>ϕ</sup>Lifetime.

<sup>l</sup>This morning.

<sup>±</sup>Last night.

<sup>¶</sup>Past 30 days.

<sup>¶</sup>Past 7 days.

<sup>¶</sup>Past 30 days.

<sup>δ</sup>Remote only.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

### 3. Demographics

**Table A3.1**

***School Schedule, Past 30 Days***

	Grade 5 %	Grade 6 %
In-School Model	97	100
Remote Learning Model	3	0

*Question ES A.1: Which of the following best describes your school schedule during the past 30 days?*

*Notes: Cells are empty if there are less than 10 respondents.*

*In-School Model - Respondents selecting “I went to school in person at my school building for the entire day, Monday through Friday.”*

*Remote Learning Model - Respondents selecting “I participated in school from home for the entire day on most or all weekdays and did not go to school in person.”*

**Table A3.2**

***Gender of Sample***

	Grade 5 %	Grade 6 %
Female	57	54
Male	43	46

*Question ES A.2: Are you female or male?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.3*****Race or Ethnicity***

	Grade 5 %	Grade 6 %
American Indian or Alaska Native, non-Hispanic	3	0
Asian or Asian American, non-Hispanic	8	5
Black or African American, non-Hispanic	0	0
Hispanic or Latinx	32	52
Native Hawaiian or Pacific Islander, non-Hispanic	0	0
White, non-Hispanic	27	22
Multiracial, non-Hispanic	5	6
Something else, non-Hispanic	24	14

*Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A3.4*****Number of Days Attending Afterschool Program (In-School Only)***

	Grade 5 %	Grade 6 %
0 days	67	67
1 day	0	3
2 days	8	11
3 days	0	0
4 days	0	2
5 days	25	17

*Question ES A.6: How many days a week do you usually go to your school's afterschool program?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Routines

**Table A4.1**

***Eating of Breakfast***

	Grade 5 %	Grade 6 %
No	49	35
Yes	51	65

*Question ES A.5: Did you eat breakfast this morning?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A4.2**

***Bedtime***

	Grade 5 %	Grade 6 %
Before 9:00 pm	19	25
Between 9:00 pm and 10:00 pm	61	40
Between 10:00 pm and 11:00 pm	14	21
Between 11:00 pm and midnight	6	10
After 12:00 am	0	5
<b><i>Late bedtime (at 10 pm or later)</i></b>	19	35

*Question ES A.7: What time did you go to bed last night?*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Remote Schooling

**Table A5.1**

***Remote Schooling Schedule and Instructional Time (Remote Only)***

	Grade 5 %	Grade 6 %
<b>Time spent on learning and completing schoolwork from home on the average weekday</b>		
Less than 1 hour		
Between 1 and 2 hours		
Between 2 and 3 hours		
Between 3 and 4 hours		
Between 4 and 5 hours		
More than 5 hours		
<b>Number of days in the past week participating in an online class from home where your teacher talked to students</b>		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		
<b>Number of weekdays participating in school from home for the entire school day</b>		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		

*Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?*

*Note: Cells are empty if there are less than 10 respondents.*



**Table A5.2**

***Interesting Activities Provided for Student in Remote Schooling (Remote Only)***

	Grade 5 %	Grade 6 %
No, never		
Yes, some of the time		
Yes, most of the time		
Yes, all of the time		

*Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. School Performance, Supports, and Engagements

**Table A6.1**

***Perceived School Performance***

	Grade 5 %	Grade 6 %
One of the best students	18	17
Better than most students	18	30
About the same as others	41	49
Don't do as well as most others	24	3

*Question ES A.37: How well do you do in your schoolwork?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.2**

***Truancy, Past 30 Days***

	Grade 5 %	Grade 6 %
I did not miss any days of school in the past 30 days	47	44
1 day	28	24
2 days	19	27
3 or more days	6	5

*Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.3*****School Environment, School Connectedness, and Academic Motivation Scales***

	Grade 5 %	Grade 6 %	Table
Total school supports	66	68	
Caring adults in school	72	74	A6.4
High expectations-adults in school	87	87	A6.5
Meaningful participation at school	38	44	A6.6
School connectedness <sup>#</sup> <b><i>(In-School Only)</i></b>	71	72	A6.7
School connectedness <sup>ψ</sup> <b><i>(Remote Only)</i></b>			A6.7
Academic motivation	83	84	A6.8

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables with item-level results for the survey questions that comprise each scale.*

*Scales are based on average of students reporting “Yes, most of the time” or “Yes, all of the time.”*

*<sup>#</sup>The scale was based on five survey questions for in-school respondents.*

*<sup>ψ</sup>The scale was based on four questions for remote respondents.*

**Table A6.4*****Caring Adults in School Scale Questions***

	Grade 5 %	Grade 6 %
<b>Caring adults in school</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	72	74
<b><i>Do the teachers and other grown-ups at school... care about you?</i></b>		
No, never	0	0
Yes, some of the time	22	16
Yes, most of the time	25	30
Yes, all of the time	53	54
<b><i>listen when you have something to say?</i></b>		
No, never	6	0
Yes, some of the time	24	26
Yes, most of the time	35	45
Yes, all of the time	35	29
<b><i>make an effort to get to know you?</i></b>		
No, never	6	10
Yes, some of the time	26	27
Yes, most of the time	44	35
Yes, all of the time	24	29

*Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.5*****High Expectations-Adults in School Scale Questions***

	Grade 5 %	Grade 6 %
<b>High expectations-adults in school</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	87	87
<b><i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i></b>		
No, never	6	2
Yes, some of the time	17	27
Yes, most of the time	39	38
Yes, all of the time	39	33
<b><i>believe that you can do a good job?</i></b>		
No, never	0	0
Yes, some of the time	15	6
Yes, most of the time	32	22
Yes, all of the time	53	71
<b><i>want you to do your best?</i></b>		
No, never	0	0
Yes, some of the time	0	3
Yes, most of the time	21	8
Yes, all of the time	79	89

*Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****Meaningful Participation at School Scale Questions***

	Grade 5 %	Grade 6 %
<b>Meaningful participation at school</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	38	44
<b>Are you given a chance to help decide school activities or rules?</b>		
No, never	50	13
Yes, some of the time	39	59
Yes, most of the time	8	22
Yes, all of the time	3	6
<b>Do the teachers and other grown-ups at school ask you about your ideas?</b>		
No, never	9	13
Yes, some of the time	43	40
Yes, most of the time	31	37
Yes, all of the time	17	11
<b>Do the teachers and other grown-ups give you a chance to solve school problems?</b>		
No, never	15	13
Yes, some of the time	32	37
Yes, most of the time	26	29
Yes, all of the time	26	22
<b>Do you get to do interesting activities at/when you participate in school?</b>		
No, never	3	3
Yes, some of the time	46	44
Yes, most of the time	31	40
Yes, all of the time	20	13

*Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.6*****Meaningful Participation at School Scale Questions – Continued***

	Grade 5 %	Grade 6 %
<b>Are you given a chance to help decide class activities or rules?</b>		
No, never	17	6
Yes, some of the time	60	46
Yes, most of the time	11	38
Yes, all of the time	11	10
<b>Do your teachers ask you what you want to learn about?</b>		
No, never	59	49
Yes, some of the time	35	46
Yes, most of the time	3	5
Yes, all of the time	3	0
<b>Do you do things to be helpful at/in school?</b>		
No, never	0	0
Yes, some of the time	29	25
Yes, most of the time	32	49
Yes, all of the time	38	25

*Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*



**Table A6.7****School Connectedness Scale Questions**

	Grade 5 %	Grade 6 %
<b>School connectedness<sup>#</sup> (In-School Only)</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	71	72
<b>School connectedness<sup>ψ</sup> (Remote Only)</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>		
<b>Do you feel close to people at/from this school?</b>		
No, never	6	2
Yes, some of the time	36	41
Yes, most of the time	28	43
Yes, all of the time	31	14
<b>Are you happy to be at/with this school?</b>		
No, never	3	2
Yes, some of the time	36	32
Yes, most of the time	39	44
Yes, all of the time	22	22
<b>Do you feel like you are part of this school?</b>		
No, never	3	8
Yes, some of the time	28	25
Yes, most of the time	28	27
Yes, all of the time	42	40
<b>Do teachers treat students fairly?</b>		
No, never	0	2
Yes, some of the time	14	16
Yes, most of the time	39	29
Yes, all of the time	47	54

*Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]*

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>#</sup>The scale was based on five survey questions for in-school respondents.*

*<sup>ψ</sup>The scale was based on four questions for remote respondents.*

**Table A6.7*****School Connectedness Scale Questions – Continued***

	Grade 5 %	Grade 6 %
<b>Do you feel safe at school? (<i>In-School Only</i>)</b>		
No, never	3	5
Yes, some of the time	16	10
Yes, most of the time	31	54
Yes, all of the time	50	32

*Question ES A.75: Do you feel safe at school? [In-school only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.8*****Academic Motivation Scale Questions***

	Grade 5 %	Grade 6 %
<b>Academic motivation</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	83	84
<b>Do you finish all your school assignments?</b>		
No, never	3	0
Yes, some of the time	12	8
Yes, most of the time	58	46
Yes, all of the time	27	46
<b>When you get a bad grade, do you try even harder the next time?</b>		
No, never	3	0
Yes, some of the time	3	11
Yes, most of the time	39	25
Yes, all of the time	55	63
<b>Do you keep working and working on your schoolwork until you get it right?</b>		
No, never	3	0
Yes, some of the time	30	24
Yes, most of the time	30	47
Yes, all of the time	36	29
<b>Do you keep doing your schoolwork even when it’s really hard for you?</b>		
No, never	0	2
Yes, some of the time	13	19
Yes, most of the time	34	41
Yes, all of the time	53	38

*Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.9*****School Boredom***

	Grade 5 %	Grade 6 %
No, never	3	8
Yes, some of the time	39	51
Yes, most of the time	18	24
Yes, all of the time	39	17

*Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A6.10*****Quality of School Physical Environment (In-School Only)***

	Grade 5 %	Grade 6 %
<b>Is your school building neat and clean?</b>		
No, never	0	2
Yes, some of the time	20	19
Yes, most of the time	54	56
Yes, all of the time	26	24

*Question ES A.24: Is your school building neat and clean?*

*Note: Cells are empty if there are less than 10 respondents.*

## 7. Supports for Learning at School

**Table A7.1**

***Social and Emotional Learning Supports Scale Questions***

	Grade 5 %	Grade 6 %
<b>Social and emotional learning supports</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	79	86
<b><i>Does your school...</i></b>		
<b>help students resolve conflicts with one another?</b>		
No, never	3	3
Yes, some of the time	18	13
Yes, most of the time	52	43
Yes, all of the time	27	41
<b>teach students to understand how other students think and feel?</b>		
No, never	3	0
Yes, some of the time	24	19
Yes, most of the time	36	44
Yes, all of the time	36	37
<b>teach students to feel responsible for how they act?</b>		
No, never	3	2
Yes, some of the time	21	8
Yes, most of the time	36	48
Yes, all of the time	39	43
<b>teach students to care about each other and treat each other with respect?</b>		
No, never	0	0
Yes, some of the time	12	11
Yes, most of the time	36	19
Yes, all of the time	52	70

*Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.2*****Teachers Checking on how Students are Feeling***

	Grade 5 %	Grade 6 %
No, never	19	13
Yes, some of the time	53	46
Yes, most of the time	17	22
Yes, all of the time	11	19

*Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A7.3*****Students at School Motivated to Learn***

	Grade 5 %	Grade 6 %
No, never	11	3
Yes, some of the time	53	71
Yes, most of the time	33	22
Yes, all of the time	3	3

*Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 8. Fairness, Rule Clarity, and Positive Student Behavior

**Table A8.1**

***Fairness Scale Questions***

	Grade 5 %	Grade 6 %
<b>Fairness</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	73	71
<b>Do teachers treat students fairly?</b>		
No, never	0	2
Yes, some of the time	14	16
Yes, most of the time	39	29
Yes, all of the time	47	54
<b>Are the school rules fair?</b>		
No, never	6	2
Yes, some of the time	35	38
Yes, most of the time	21	48
Yes, all of the time	38	13
<b>Do teachers and other grown-ups at school treat students with respect?</b>		
No, never	0	0
Yes, some of the time	12	11
Yes, most of the time	35	32
Yes, all of the time	53	57
<b>Are students treated fairly when they break school rules?</b>		
No, never	24	5
Yes, some of the time	18	41
Yes, most of the time	32	30
Yes, all of the time	26	24

*Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A8.2**  
***Clarity of Rules***

	Grade 5 %	Grade 6 %
<b>Do students know what the rules are?</b>		
No, never	0	0
Yes, some of the time	26	19
Yes, most of the time	24	46
Yes, all of the time	50	35

*Question ES A.49: Do students know what the rules are?*

*Note: Cells are empty if there are less than 10 respondents.*



**Table A8.3****Positive Behavior Scale Questions**

	Grade 5 %	Grade 6 %
<b>Positive behavior<sup>^</sup> (In-School Only)</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	95	96
<b>Positive behavior<sup>^</sup> (Remote Only)</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>		
<b>Do you follow the classroom rules?</b>		
No, never	0	0
Yes, some of the time	3	3
Yes, most of the time	45	37
Yes, all of the time	52	60
<b>Do you follow the playground rules at recess and lunch times? (In-School Only)</b>		
No, never	3	0
Yes, some of the time	6	5
Yes, most of the time	38	51
Yes, all of the time	53	44
<b>Do you listen when your teacher is talking?</b>		
No, never	0	0
Yes, some of the time	3	3
Yes, most of the time	45	49
Yes, all of the time	52	48
<b>Are you nice to other students?</b>		
No, never	0	0
Yes, some of the time	3	6
Yes, most of the time	27	43
Yes, all of the time	70	51

*Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?*

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>^</sup>*The scale was based on four survey questions for in-school respondents.*

<sup>^</sup>*The scale was based on three questions for remote respondents.*

**Table A8.4**

***Students at School Well Behaved***

	Grade 5 %	Grade 6 %
No, never	3	6
Yes, some of the time	56	63
Yes, most of the time	35	30
Yes, all of the time	6	0

*Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 9. School Violence, Victimization, and Safety

**Table A9.1**

*Perceived Safety at or Outside of School (In-School Only)*

	Grade 5 %	Grade 6 %
<b>Do you feel safe at school?</b>		
No, never	3	5
Yes, some of the time	16	10
Yes, most of the time	31	54
Yes, all of the time	50	32
<b>Do you feel safe on your way to and from school?</b>		
No, never	6	0
Yes, some of the time	13	13
Yes, most of the time	28	27
Yes, all of the time	53	60

*Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.2*****Violence Victimization Scale Questions***

	Grade 5 %	Grade 6 %
<b>Violence victimization (<i>In-School Only</i>)</b>		
<i>Average reporting “Yes”</i>	38	36
<b>Do other kids hit or push you at school when they are not just playing around? (<i>In-School Only</i>)</b>		
No, never	71	84
Yes, some of the time	26	10
Yes, most of the time	3	3
Yes, all of the time	0	3
<b>Do other kids at/from school spread mean rumors or lies about you?</b>		
No, never	64	62
Yes, some of the time	24	30
Yes, most of the time	9	6
Yes, all of the time	3	2
<b>Do other kids at/from school call you bad names or make mean jokes about you?</b>		
No, never	52	46
Yes, some of the time	36	38
Yes, most of the time	6	11
Yes, all of the time	6	5

*Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.3**  
**Cyberbullying, Past 30 Days**

	Grade 5 %	Grade 6 %
No, never	82	82
Yes, some of the time	15	10
Yes, most of the time	0	5
Yes, all of the time	3	3

*Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.4**  
**Been Teased About Body Image**

	Grade 5 %	Grade 6 %
No	73	65
Yes	27	35

*Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.5**  
**Weapons (Gun or Knife) on School Property, Past Year (In-School Only)**

	Grade 5 %	Grade 6 %
<b>Brought a gun or knife to school</b>		
No	94	100
Yes	6	0
<b>Saw another kid with a gun or knife at school</b>		
No	87	95
Yes	13	5

*Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A9.6*****Antibullying Climate Scale Questions***

	Grade 5 %	Grade 6 %
<b>Antibullying climate</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	79	70
<b>Teachers and other grown-ups make it clear that bullying is not allowed.</b>		
No, never	0	0
Yes, some of the time	3	3
Yes, most of the time	15	13
Yes, all of the time	82	84
<b>If you tell a teacher that you’ve been bullied, the teacher will do something to help.</b>		
No, never	3	2
Yes, some of the time	12	11
Yes, most of the time	24	26
Yes, all of the time	61	61
<b>Students at/from your school try to stop bullying when they see it happening.</b>		
No, never	12	19
Yes, some of the time	33	54
Yes, most of the time	36	21
Yes, all of the time	18	6

*Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you’ve been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]*

*Note: Cells are empty if there are less than 10 respondents.*

## 10. Home Supports and Involvement in Schooling

**Table A10.1**

***High Expectations-Adults at Home Scale Questions***

	Grade 5 %	Grade 6 %
<b>High expectations-adults at home</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	100	96
<b><i>Does a parent or some other grown-up at home... believe that you can do a good job?</i></b>		
No, never	0	2
Yes, some of the time	0	5
Yes, most of the time	18	13
Yes, all of the time	82	81
<b><i>want you to do your best?</i></b>		
No, never	0	0
Yes, some of the time	0	2
Yes, most of the time	9	10
Yes, all of the time	91	89

*Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A10.2**

***Parent Involvement in Schooling Scale Questions***

	Grade 5 %	Grade 6 %
<b>Parent involvement in schooling</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	83	81
<b><i>Does a parent or some other grown-up at home... care about your schoolwork?</i></b>		
No, never	0	0
Yes, some of the time	3	2
Yes, most of the time	21	22
Yes, all of the time	76	76
<b><i>ask if you did your homework/schoolwork?</i></b>		
No, never	0	0
Yes, some of the time	6	6
Yes, most of the time	27	39
Yes, all of the time	67	55
<b><i>check your homework/schoolwork?</i></b>		
No, never	9	19
Yes, some of the time	38	29
Yes, most of the time	34	25
Yes, all of the time	19	27
<b><i>ask you about school?</i></b>		
No, never	0	6
Yes, some of the time	6	10
Yes, most of the time	30	24
Yes, all of the time	64	60
<b><i>ask you about your grades?</i></b>		
No, never	3	5
Yes, some of the time	21	17
Yes, most of the time	18	35
Yes, all of the time	58	43

*Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?*

*Note: Cells are empty if there are less than 10 respondents.*



## 11. Alcohol and Other Drug (AOD) Use

**Table A11.1**

*Use of Alcohol or Other Drugs, Lifetime*

	Grade 5 %	Grade 6 %
Alcohol, one or two sips	9	11
Alcohol, a full glass	0	0
Inhalants (to get high)	3	0
Marijuana (smoke, vape, eat, or drink)	0	0
<i>None of the above</i>	88	89
<i>Any of the above</i>	12	11

*Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get “high”?... Have you ever used any marijuana (smoke, vape, eat, or drink)?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A11.2**

*Perception of Health Risk of Alcohol and Marijuana Use*

	Grade 5 %	Grade 6 %
<b>Alcohol</b>		
No, not bad	3	0
Yes, a little bad	27	57
Yes, very bad	70	43
<b>Marijuana (smoke, vape, eat, or drink)</b>		
No, not bad	0	0
Yes, a little bad	3	13
Yes, very bad	67	67
I don't know what marijuana is	30	21

*Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?*

*Note: Cells are empty if there are less than 10 respondents.*

## 12. Tobacco Use and Vaping

**Table A12.1**

***Cigarette Use and Vaping, Lifetime***

	Grade 5 %	Grade 6 %
Ever smoked a cigarette	3	0
Part of a cigarette, like one or two puffs	3	0
A whole cigarette	0	0
Ever vaped	0	0

*Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A12.2**

***Perception of Health Risk of Cigarette Use and Vaping***

	Grade 5 %	Grade 6 %
<b>Do you think smoking cigarettes is bad for a person's health?</b>		
No, not bad	3	0
Yes, a little bad	3	6
Yes, very bad	94	94
<b>Do you think vaping is bad for a person's health?</b>		
No, not bad	0	2
Yes, a little bad	9	16
Yes, very bad	91	83

*Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?*

*Note: Cells are empty if there are less than 10 respondents.*

## 13. Other Physical and Mental Health Risks

**Table A13.1**

***Frequent Sadness***

	Grade 5 %	Grade 6 %
No, never	21	19
Yes, some of the time	67	67
Yes, most of the time	9	10
Yes, all of the time	3	5

*Question ES A.80: Do you feel sad?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table A13.2**

***Wellness***

	Grade 5 %	Grade 6 %
<b>Do you feel good and happy?</b>		
No, never	3	3
Yes, some of the time	21	24
Yes, most of the time	48	59
Yes, all of the time	27	14

*Question ES A.79: Do you feel good and happy?*

*Note: Cells are empty if there are less than 10 respondents.*

## 14. Race/Ethnic Breakdowns

**Table A14.1**

***School Engagement and Supports by Race/Ethnicity***

	Grade 5 %	Grade 6 %
<b>School Connectedness<sup>†#</sup> (<i>In-School Only</i>)</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	62	71
Native Hawaiian or Pacific Islander		
White		74
Mixed (two or more) ethnics		
Something else		
<b>School Connectedness<sup>†ψ</sup> (<i>Remote Only</i>)</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
<b>Academic motivation<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	87	83
Native Hawaiian or Pacific Islander		
White		86
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>#</sup>*The scale was based on five survey questions for in-school respondents.*

<sup>ψ</sup>*The scale was based on four questions for remote respondents.*

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %	Grade 6 %
<b>School boredom<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	70	36
Native Hawaiian or Pacific Islander		
White		43
Mixed (two or more) ethnics		
Something else		
<b>Caring adults in school<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	64	72
Native Hawaiian or Pacific Islander		
White		76
Mixed (two or more) ethnics		
Something else		
<b>High expectations-adults in school<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	76	88
Native Hawaiian or Pacific Islander		
White		86
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %	Grade 6 %
<b>Meaningful participation<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	38	45
Native Hawaiian or Pacific Islander		
White		32
Mixed (two or more) ethnics		
Something else		
<b>Facilities upkeep<sup>†</sup> (<i>In-School Only</i>)</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	83	73
Native Hawaiian or Pacific Islander		
White		93
Mixed (two or more) ethnics		
Something else		
<b>Parent involvement in schooling<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	84	81
Native Hawaiian or Pacific Islander		
White		87
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.1*****School Engagement and Supports by Race/Ethnicity – Continued***

	Grade 5 %	Grade 6 %
<b>Social and emotional learning supports<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	78	91
Native Hawaiian or Pacific Islander		
White		82
Mixed (two or more) ethnics		
Something else		
<b>Antibullying climate<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	80	75
Native Hawaiian or Pacific Islander		
White		70
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.2****School Safety by Race/Ethnicity (In-School Only)**

	Grade 5 %	Grade 6 %
<b>Feel safe at school<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	70	85
Native Hawaiian or Pacific Islander		
White		86
Mixed (two or more) ethnics		
Something else		
<b>Feel safe on way to and from school<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	80	88
Native Hawaiian or Pacific Islander		
White		100
Mixed (two or more) ethnics		
Something else		
<b>Been hit or pushed</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	30	6
Native Hawaiian or Pacific Islander		
White		14
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”



**Table A14.2**  
**School Safety by Race/Ethnicity – Continued**

	Grade 5 %	Grade 6 %
<b>Mean rumors spread about you</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	30	30
Native Hawaiian or Pacific Islander		
White		36
Mixed (two or more) ethnics		
Something else		
<b>Called bad names or target of mean jokes</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	30	45
Native Hawaiian or Pacific Islander		
White		50
Mixed (two or more) ethnics		
Something else		
<b>Saw a weapon at school<sup>§</sup> (<i>In-School Only</i>)</b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		3
Native Hawaiian or Pacific Islander		
White		7
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>§</sup>Past year.

**Table A14.3**  
**Cyberbullying by Race/Ethnicity**

	Grade 5 %	Grade 6 %
<b>Cyberbullying<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	30	15
Native Hawaiian or Pacific Islander		
White		0
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>¶</sup>Past 30 days.*

**Table A14.4**  
**School Disciplinary Environment by Race/Ethnicity**

	Grade 5 %	Grade 6 %
<b>Rule clarity<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	64	91
Native Hawaiian or Pacific Islander		
White		93
Mixed (two or more) ethnics		
Something else		
<b>Students well behaved<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	45	36
Native Hawaiian or Pacific Islander		
White		36
Mixed (two or more) ethnics		
Something else		
<b>Students treated fairly when break rules<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	45	52
Native Hawaiian or Pacific Islander		
White		57
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup> Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

**Table A14.4*****School Disciplinary Environment by Race/Ethnicity – Continued***

	Grade 5 %	Grade 6 %
<b>Students treated with respect<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	82	88
Native Hawaiian or Pacific Islander		
White		79
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

**Table A14.5****Substance Use by Race/Ethnicity**

	Grade 5 %	Grade 6 %
<b>Alcohol or drug use<sup>φ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	10	6
Native Hawaiian or Pacific Islander		
White		29
Mixed (two or more) ethnics		
Something else		
<b>Marijuana use<sup>φ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White		0
Mixed (two or more) ethnics		
Something else		
<b>Cigarette use<sup>φ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White		0
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>φ</sup>Lifetime.

**Table A14.5**  
**Substance Use by Race/Ethnicity – Continued**

	Grade 5 %	Grade 6 %
<b>Vaping<sup>φ</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White		0
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>φ</sup>Lifetime.

**Table A14.6*****Routines by Race/Ethnicity***

	Grade 5 %	Grade 6 %
<b>Eating of breakfast<sup>l</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	33	61
Native Hawaiian or Pacific Islander		
White	70	79
Mixed (two or more) ethnics		
Something else		
<b>Late bedtime (at 10 pm or later)<sup>±</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	25	45
Native Hawaiian or Pacific Islander		
White		14
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>l</sup>*This morning.*

<sup>±</sup>*Last night.*

**Table A14.7****Remote Schooling by Race/Ethnicity (Remote Only)**

	Grade 5 %	Grade 6 %
<b>Remote learning frequency (5 days per week)<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
<b>Synchronous instruction (4 days or more)<sup>¶</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
<b>Meaningful opportunities<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

Notes: Cells are empty if there are less than 10 respondents.

<sup>¶</sup>Past 7 days.

<sup>¶</sup>Past 30 days.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”



**Table A14.8*****Mental Health by Race/Ethnicity***

	Grade 5 %	Grade 6 %
<b>Frequent sadness<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	20	9
Native Hawaiian or Pacific Islander		
White		14
Mixed (two or more) ethnics		
Something else		
<b>Wellness<sup>†</sup></b>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	70	76
Native Hawaiian or Pacific Islander		
White		71
Mixed (two or more) ethnics		
Something else		

*Notes: Cells are empty if there are less than 10 respondents.*

*<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

# 15. Gender Breakdowns

**Table A15.1**  
**Key Indicators of School Climate and Substance Use by Gender**

	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %
<b>School Engagement and Supports</b>				
School connectedness <sup>†#</sup> <i>(In-School Only)</i>	64	79	79	63
School connectedness <sup>†ψ</sup> <i>(Remote Only)</i>				
Academic motivation <sup>†</sup>	84	82	89	78
School boredom <sup>†</sup>	55	62	41	41
Caring adults in school <sup>†</sup>	70	74	73	76
High expectations-adults in school <sup>†</sup>	92	81	89	85
Meaningful participation at school <sup>†</sup>	44	30	47	40
Facilities upkeep <sup>†Φ</sup>	79	81	76	83
Parent involvement in schooling <sup>†</sup>	87	77	81	81
Social and emotional learning supports <sup>†</sup>	85	69	86	86
Antibullying climate <sup>†</sup>	78	79	75	65

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>#</sup>The scale was based on five survey questions for in-school respondents.

<sup>ψ</sup>The scale was based on four questions for remote respondents.

<sup>Φ</sup>In-school only.

**Table A15.1**  
**Key Indicators of School Climate and Substance Use by Gender – Continued**

	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %
<b>School Safety and Cyberbullying</b>				
Feel safe at school <sup>†Φ</sup>	74	92	88	83
Feel safe on way to and from school <sup>†Φ</sup>	84	77	88	86
Been hit or pushed <sup>Φ</sup>	33	23	18	14
Mean rumors spread about you	35	38	38	38
Called bad names or target of mean jokes	50	46	44	66
Saw a weapon at school <sup>§Φ</sup>	5	25	6	3
Cyberbullying <sup>¶</sup>	15	23	18	18
<b>School Disciplinary Environment</b>				
Rule clarity <sup>†</sup>	80	64	82	79
Students well behaved <sup>†</sup>	40	43	35	24
Students treated fairly when break rules <sup>†</sup>	75	36	56	52
Students treated with respect <sup>†</sup>	90	86	88	90
<b>Substance Use</b>				
Alcohol or drug use <sup>φ</sup>	5	23	12	10
Marijuana use <sup>φ</sup>	0	0	0	0
Cigarette use <sup>φ</sup>	0	8	0	0
Vaping <sup>φ</sup>	0	0	0	0

Notes: Cells are empty if there are less than 10 respondents.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

<sup>Φ</sup>In-school only.

<sup>§</sup>Past year.

<sup>¶</sup>Past 30 days.

<sup>φ</sup>Lifetime.

**Table A15.2**  
**Key Indicators of Routines, Remote Schooling, and Mental Health by Gender**

	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %
<b>Routines</b>				
Eating of breakfast <sup>l</sup>	67	31	50	83
Late bedtime (after 10 pm) <sup>±</sup>	10	31	41	28
<b>Remote Schooling</b>				
Remote learning frequency (5 days per week) <sup>¶δ</sup>				
Synchronous instruction (4 days or more) <sup>  δ</sup>				
Meaningful opportunities <sup>†δ</sup>				
<b>Mental Health</b>				
Frequent sadness <sup>†</sup>	10	15	15	14
Wellness <sup>†</sup>	70	85	74	72

Notes: Cells are empty if there are less than 10 respondents.

<sup>l</sup>This morning.

<sup>±</sup>Last night.

<sup>¶</sup>Past 30 days.

<sup>δ</sup>Remote only.

<sup>||</sup>Past 7 days.

<sup>†</sup>Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”

# Social Emotional Health Module

## 1. Module Sample

**Table F1.1**

*Student Sample for Social Emotional Health Module*

	Grade 5	Grade 6
<i><b>Student Sample Size</b></i>		
Target sample	67	85
Final number	33	63
<b>Response Rate</b>	49%	74%

## 2. Summary of Key Indicators

**Table F2.1**

***Key Indicators of Social Emotional Health***

	Grade 5 %	Grade 6 %	Table
<b>Covitality<sup>†‡</sup></b>	81	75	
Belief in self <sup>†</sup>	81	83	F2.2
Belief in others <sup>†‡</sup>	82	80	F2.2
Empathy <sup>†</sup>	95	80	F5.1
Engaged living <sup>†</sup>	67	56	F2.2
<b>Growth mindset<sup>Γ</sup></b>	68	83	F7.1
<b>Collaboration<sup>†</sup></b>	88	75	F8.1
<b>Problem solving<sup>†</sup></b>	76	61	F9.1
<b>Social emotional distress<sup>Δ</sup></b>	21	19	F10.1
<b>Life satisfaction<sup>∓</sup></b>	73	69	F10.2

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>‡</sup>*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

<sup>Γ</sup>*All survey questions that comprise the scale were reverse-coded in computing the scale score.*

<sup>Δ</sup>*Average percent of respondents reporting “Often” or “Always.”*

<sup>∓</sup>*Average percent of respondents reporting “Satisfied” or “Very satisfied.”*

**Table F2.2*****Covitality Domain and Subdomains***

	Grade 5 %	Grade 6 %	Table
<b>Belief in self<sup>†</sup></b>	81	83	
Self-efficacy <sup>†</sup>	80	81	F3.1
Persistence <sup>†</sup>	83	84	F3.2
<b>Belief in others<sup>†‡</sup></b>	82	80	
School supports <sup>†</sup>	80	80	F4.1
Peer supports <sup>‡</sup>	84	80	F4.2
<b>Emotional competence</b>			
Empathy <sup>†</sup>	95	80	F5.1
<b>Engaged living<sup>†</sup></b>	67	56	
Optimism <sup>†</sup>	77	63	F6.1
Gratitude <sup>†</sup>	88	80	F6.2
Zest <sup>†</sup>	35	25	F6.3

*Notes: Cells are empty if there are less than 10 respondents.*

*Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.*

<sup>†</sup>*Average percent of respondents reporting “Yes, most of the time” or “Yes, all of the time.”*

<sup>‡</sup>*Average percent of respondents reporting “Pretty much true” or “Very much true.”*

### 3. Belief in Self

**Table F3.1**  
**Self-Efficacy Scale Questions**

	Grade 5 %	Grade 6 %
<b>Self-efficacy</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	80	81
<b>Can you do most things if you try?</b>		
No, never	0	0
Yes, some of the time	15	14
Yes, most of the time	52	57
Yes, all of the time	33	29
<b>Can you work out your problems?</b>		
No, never	3	2
Yes, some of the time	24	25
Yes, most of the time	33	46
Yes, all of the time	39	27
<b>Are there many things you do well?</b>		
No, never	0	0
Yes, some of the time	18	14
Yes, most of the time	52	59
Yes, all of the time	30	27

*Question F.8-10: Can you do most things if you try?... Can you work out your problems?... Are there many things you do well?*

*Note: Cells are empty if there are less than 10 respondents.*



**Table F3.2*****Persistence Scale Questions***

	Grade 5 %	Grade 6 %
<b>Persistence</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	83	84
<b>Do you finish all your school assignments?</b>		
No, never	3	0
Yes, some of the time	12	8
Yes, most of the time	58	46
Yes, all of the time	27	46
<b>When you get a bad grade, do you try even harder the next time?</b>		
No, never	3	0
Yes, some of the time	3	11
Yes, most of the time	39	25
Yes, all of the time	55	63
<b>Do you keep working and working on your schoolwork until you get it right?</b>		
No, never	3	0
Yes, some of the time	30	24
Yes, most of the time	30	47
Yes, all of the time	36	29
<b>Do you keep doing your schoolwork even when it’s really hard for you?</b>		
No, never	0	2
Yes, some of the time	13	19
Yes, most of the time	34	41
Yes, all of the time	53	38

*Question ES A.60-63: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it’s really hard for you?*

*Note: Cells are empty if there are less than 10 respondents.*

## 4. Belief in Others

**Table F4.1**

***School Supports Scale Questions***

	Grade 5 %	Grade 6 %
<b>School supports</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	80	80
<b><i>Do the teachers and other grown-ups at school... tell you when you do a good job?</i></b>		
No, never	6	2
Yes, some of the time	15	27
Yes, most of the time	36	38
Yes, all of the time	42	33
<b><i>listen when you have something to say?</i></b>		
No, never	6	0
Yes, some of the time	21	26
Yes, most of the time	36	45
Yes, all of the time	36	29
<b><i>believe that you can do a good job?</i></b>		
No, never	0	0
Yes, some of the time	12	6
Yes, most of the time	33	22
Yes, all of the time	55	71

*Question ES A.30, 39, 40: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school believe that you can do a good job?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table F4.2****Peer Supports Scale Questions**

	Grade 5 %	Grade 6 %
<b>Peer supports</b>		
<i>Average reporting “Pretty much true” or “Very much true”</i>	84	80
<b>I have a friend my age who really cares about me.</b>		
Not at all true	0	2
A little true	6	7
Pretty much true	24	23
Very much true	70	69
<b>I have a friend my age who helps me when I am having a hard time.</b>		
Not at all true	0	7
A little true	15	13
Pretty much true	33	28
Very much true	52	52
<b>I have a friend my age who talks with me about my problems.</b>		
Not at all true	3	15
A little true	24	18
Pretty much true	33	23
Very much true	39	44

*Question F.23-25: I have a friend my age who really cares about me... I have a friend my age who helps me when I am having a hard time... I have a friend my age who talks with me about my problems.*

*Note: Cells are empty if there are less than 10 respondents.*

## 5. Emotional Competence

**Table F5.1**

***Empathy Scale Questions***

	Grade 5 %	Grade 6 %
<b>Empathy</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	95	80
<b>Do you try to understand how other people feel?</b>		
No, never	0	3
Yes, some of the time	6	21
Yes, most of the time	36	38
Yes, all of the time	58	38
<b>Do you feel bad when someone else gets their feelings hurt?</b>		
No, never	0	3
Yes, some of the time	3	8
Yes, most of the time	30	30
Yes, all of the time	67	59
<b>Do you try to understand what other people go through?</b>		
No, never	0	5
Yes, some of the time	6	19
Yes, most of the time	52	33
Yes, all of the time	42	43

*Question ES F.3-5: Do you try to understand how other people feel?... Do you feel bad when someone else gets their feelings hurt?... Do you try to understand what other people go through?*

*Note: Cells are empty if there are less than 10 respondents.*

## 6. Engaged Living

**Table F6.1**

***Optimism Scale Questions***

	Grade 5 %	Grade 6 %
<b>Optimism</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	77	63
<b>When you have a problem at school, do you think it will get better in the future?</b>		
No, never	0	7
Yes, some of the time	21	28
Yes, most of the time	45	46
Yes, all of the time	33	20
<b>Do you expect that you will feel happy during class time?</b>		
No, never	9	8
Yes, some of the time	18	39
Yes, most of the time	36	38
Yes, all of the time	36	15
<b>Do you feel positive that good things will happen to you at school?</b>		
No, never	3	10
Yes, some of the time	27	41
Yes, most of the time	42	38
Yes, all of the time	27	11
<b>Do you feel positive that you will have fun with your friends at school?</b>		
No, never	0	2
Yes, some of the time	12	15
Yes, most of the time	27	39
Yes, all of the time	61	44

*Question ES F.16, 18, 20, 22: When you have a problem at school, do you think it will get better in the future?... Do you expect that you will feel happy during class time?... Do you feel positive that good things will happen to you at school?... Do you feel positive that you will have fun with your friends at school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table F6.2****Gratitude Scale Questions**

	Grade 5 %	Grade 6 %
<b>Gratitude</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	88	80
<b>Do you feel thankful to go to your school?</b>		
No, never	0	0
Yes, some of the time	18	27
Yes, most of the time	24	37
Yes, all of the time	58	37
<b>Are you thankful when you get to learn new things at school?</b>		
No, never	0	0
Yes, some of the time	18	27
Yes, most of the time	30	37
Yes, all of the time	52	35
<b>Are you thankful to have nice teachers at your school?</b>		
No, never	0	0
Yes, some of the time	0	7
Yes, most of the time	18	18
Yes, all of the time	82	75

*Question ES F.6, 14, 17: Do you feel thankful to go to your school?... Are you thankful when you get to learn new things at school?... Are you thankful to have nice teachers at your school?*

*Note: Cells are empty if there are less than 10 respondents.*

**Table F6.3****Zest Scale Questions**

	Grade 5 %	Grade 6 %
<b>Zest</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	35	25
<b>Do you get really excited when you learn something new at school?</b>		
No, never	6	10
Yes, some of the time	30	56
Yes, most of the time	55	26
Yes, all of the time	9	8
<b>Do you wake up in the morning excited to go to school?</b>		
No, never	30	21
Yes, some of the time	52	52
Yes, most of the time	15	20
Yes, all of the time	3	7
<b>Do you get excited about your schoolwork?</b>		
No, never	33	46
Yes, some of the time	42	41
Yes, most of the time	9	11
Yes, all of the time	15	2

*Question ES F.15, 19, 21: Do you get really excited when you learn something new at school?... Do you wake up in the morning excited to go to school?... Do you get excited about your schoolwork?*

*Note: Cells are empty if there are less than 10 respondents.*

## 7. Growth Mindset

**Table F7.1**

***Growth Mindset Scale Questions***

	Grade 5 %	Grade 6 %
<b>Growth mindset<sup>†</sup></b>		
<i>Average reporting “A little true” or “Not at all true”</i>	68	83
<b>Challenging myself won’t make me any smarter.</b>		
Not at all true	48	57
A little true	24	23
Pretty much true	18	11
Very much true	9	8
<b>There are some things I am not capable of learning.</b>		
Not at all true	18	38
A little true	42	36
Pretty much true	15	11
Very much true	24	15
<b>If I am not naturally smart in a subject, I will never do well in it.</b>		
Not at all true	48	64
A little true	21	30
Pretty much true	15	5
Very much true	15	2

*Question ES F.26-28: Challenging myself won’t make me any smarter... There are some things I am not capable of learning... If I am not naturally smart in a subject, I will never do well in it.*

*Notes: Cells are empty if there are less than 10 respondents.*

<sup>†</sup>*All survey questions that comprise the scale were reverse-coded in computing the scale score.*



## 8. Collaboration

**Table F8.1**

***Collaboration Scale Questions***

	Grade 5 %	Grade 6 %
<b>Collaboration</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	88	75
<b>Do you get along or work well with students who are different from you?</b>		
No, never	0	2
Yes, some of the time	3	21
Yes, most of the time	48	54
Yes, all of the time	48	24
<b>Do you enjoy working with other students?</b>		
No, never	3	5
Yes, some of the time	21	34
Yes, most of the time	27	44
Yes, all of the time	48	18
<b>Do you listen to other students’ ideas?</b>		
No, never	0	2
Yes, some of the time	9	13
Yes, most of the time	30	46
Yes, all of the time	61	40

*Question ES F.1, 2, 7: Do you get along or work well with students who are different from you?... Do you enjoy working with other students?... Do you listen to other students’ ideas?*

*Note: Cells are empty if there are less than 10 respondents.*

## 9. Problem Solving

**Table F9.1**

***Problem Solving Scale Questions***

	Grade 5 %	Grade 6 %
<b>Problem solving</b>		
<i>Average reporting “Yes, most of the time” or “Yes, all of the time”</i>	76	61
<b>Do you know where to go for help with a problem?</b>		
No, never	0	5
Yes, some of the time	12	10
Yes, most of the time	33	31
Yes, all of the time	55	55
<b>Do you try to work out your problems by talking or writing about them?</b>		
No, never	6	21
Yes, some of the time	18	31
Yes, most of the time	30	24
Yes, all of the time	45	24
<b>When you need help, do you find someone to talk with about it?</b>		
No, never	9	18
Yes, some of the time	27	32
Yes, most of the time	27	23
Yes, all of the time	36	27

*Question ES F.11-13: Do you know where to go for help with a problem?... Do you try to work out your problems by talking or writing about them?... When you need help, do you find someone to talk with about it?*

*Note: Cells are empty if there are less than 10 respondents.*

## 10. Social and Emotional Health

**Table F10.1**

***Social Emotional Distress Scale Questions***

	Grade 5 %	Grade 6 %
<b>Social emotional distress</b>		
<i>Average reporting “Often” or “Always”</i>	21	19
<b>I feel lonely.</b>		
Never	32	38
Sometimes	45	51
Often	23	11
Always	0	0
<b>I am unhappy.</b>		
Never	26	11
Sometimes	61	75
Often	13	10
Always	0	3
<b>Nobody likes me.</b>		
Never	58	54
Sometimes	42	28
Often	0	15
Always	0	3
<b>I worry a lot.</b>		
Never	26	10
Sometimes	23	39
Often	39	33
Always	13	18
<b>I have problems sleeping.</b>		
Never	32	23
Sometimes	39	52
Often	13	8
Always	16	17

*Question ES F.33-37: I feel lonely... I am unhappy... Nobody likes me... I worry a lot... I have problems sleeping.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table F10.1**  
***Social Emotional Distress Scale Questions – Continued***

	Grade 5 %	Grade 6 %
<b>I feel scared.</b>		
Never	26	40
Sometimes	58	53
Often	16	7
Always	0	0
<b>I worry when I am at school.</b>		
Never	48	42
Sometimes	39	52
Often	6	3
Always	6	3

*Question ES F.38, 39: I feel scared... I worry when I am at school.*

*Note: Cells are empty if there are less than 10 respondents.*

**Table F10.2*****Life Satisfaction Scale Questions***

	Grade 5 %	Grade 6 %
<b>Life satisfaction</b>		
<i>Average reporting “Satisfied” or “Very satisfied”</i>	73	69
<b><i>I would describe my satisfaction with...</i></b>		
<b>my family life as...</b>		
Very dissatisfied	0	2
Dissatisfied	0	5
A little dissatisfied	6	5
A little satisfied	13	7
Satisfied	22	34
Very satisfied	59	48
<b>my friendships as...</b>		
Very dissatisfied	3	3
Dissatisfied	0	2
A little dissatisfied	3	2
A little satisfied	16	15
Satisfied	28	28
Very satisfied	50	51
<b>my school experience as...</b>		
Very dissatisfied	0	2
Dissatisfied	6	5
A little dissatisfied	0	11
A little satisfied	28	28
Satisfied	50	43
Very satisfied	16	11

*Question ES F.29-31: I would describe my satisfaction with my family life as... I would describe my satisfaction with my friendships as... I would describe my satisfaction with my school experiences as...*

*Note: Cells are empty if there are less than 10 respondents.*

**Table F10.2**  
***Life Satisfaction Scale Questions – Continued***

	Grade 5 %	Grade 6 %
<b><i>I would describe my satisfaction with...</i></b>		
<b>my myself as...</b>		
Very dissatisfied	3	7
Dissatisfied	0	0
A little dissatisfied	9	16
A little satisfied	19	16
Satisfied	22	43
Very satisfied	47	18

*Question ES F.32: I would describe my satisfaction with myself as.*  
*Note: Cells are empty if there are less than 10 respondents.*