

CALIFORNIA HEALTHY KIDS SURVEY



Marengo Ranch Elementary
Elementary
2023-2024
Main Report





This report was prepared by WestEd, a research, development, and service agency, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education School Health Office. For contract information, contact:

Hilva Chan
California Department of Education
School Health and Safety Office
Educator Excellence and Equity Division
1430 N Street
Sacramento, CA 95814
hchan@cde.ca.gov

Recommended citation:

Marengo Ranch Elementary School. *California Healthy Kids Survey, 2023-2024: Main Report.* San Francisco: WestEd for the California Department of Education.

Date prepared: 4 Mar 2024 CDS code: 34673486114185

Contents

	Page
List of Tables	II
PREFACE	V
Survey Module Administration	1
A. Core Module Results	2
1. Survey Sample	2
2. Summary of Key Indicators	3
3. Demographics	5
4. Routines	7
5. Remote Schooling	8
6. School Performance, Supports, and Engagements	10
7. Supports for Learning at School	20
8. Fairness, Rule Clarity, and Positive Student Behavior	22
9. School Violence, Victimization, and Safety	26
10. Home Supports and Involvement in Schooling	30
11. Alcohol and Other Drug (AOD) Use	32
12. Tobacco Use and Vaping	33
13. Other Physical and Mental Health Risks	34
14. Race/Ethnic Breakdowns	35
15. Gender Breakdowns	49
F. Social Emotional Health Module	52
1. Module Sample	52
2. Summary of Key Indicators	53
3. Belief in Self	
4. Belief in Others	57
5. Emotional Competence	59
6. Engaged Living	
7. Growth Mindset	
8. Collaboration	64
9. Problem Solving	65
10. Social and Emotional Health	66

List of Tables

	Γ.	age
	dule Administration	1
1	CHKS Survey Modules Administered	1
A. Core Mo	odule Results	2
1. Survey S	ample	2
A1.1	Student Sample Characteristics	2
A1.2	Number of Respondents by Instructional Model	2
2. Summar	y of Key Indicators	3
A2.1	Key Indicators of School Climate	3
A2.2	Key Indicators of Substance Use, Routines, Remote Schooling, and Student Well-Being	4
3 Demogra	uphics	5
A3.1	School Schedule, Past 30 Days	5
A3.2	Gender of Sample	5
A3.3	Race or Ethnicity	6
A3.4	Number of Days Attending Afterschool Program	6
4. Routines		7
A4.1	Eating of Breakfast	7
A4.2	Bedtime	7
5 Remote 9	Schooling	8
A5.1	Remote Schooling Schedule and Instructional Time	8
A5.2	Interesting Activities Provided for Student in Remote Schooling	9
6. School P	erformance, Supports, and Engagements	10
A6.1	Perceived School Performance	10
A6.2	Truancy, Past 30 Days	10
A6.3	School Environment, School Connectedness, and Academic Motivation Scales	11
A6.4	Caring Adults in School Scale Questions	12
A6.5	High Expectations-Adults in School Scale Questions	13
A6.6	Meaningful Participation at School Scale Questions	14
A6.6	Meaningful Participation at School Scale Questions – Continued	15
A6.7	School Connectedness Scale Questions	16
A6.7	School Connectedness Scale Questions – Continued	17
A6.8	Academic Motivation Scale Questions	18
A6.9	School Boredom	19
A6.10	Quality of School Physical Environment	19
7. Supports	for Learning at School	20
A7.1	Social and Emotional Learning Supports Scale Questions	20
A7.2	Teachers Checking on how Students are Feeling	21
A7.3	Students at School Motivated to Learn	21

8. Fairness,	Rule Clarity, and Positive Student Behavior	22
A8.1	Fairness Scale Questions	22
A8.2	Clarity of Rules	23
A8.3	Positive Behavior Scale Questions	24
A8.4	Students at School Well Behaved	25
9. School V	iolence, Victimization, and Safety	26
A9.1	Perceived Safety at or Outside of School	26
A9.2	Violence Victimization Scale Questions	27
A9.3	Cyberbullying, Past 30 Days	28
A9.4	Been Teased About Body Image	28
A9.4 A9.5	Weapons (Gun or Knife) on School Property, Past Year	28
A9.6	Antibullying Climate Scale Questions	29
	Supports and Involvement in Schooling	
A10.1	High Expectations-Adults at Home Scale Questions	30
A10.2	Parent Involvement in Schooling Scale Questions	31
11 Alcohol	l and Other Drug (AOD) Use	32
A11.1	Use of Alcohol or Other Drugs, Lifetime	32
A11.1	Perception of Health Risk of Alcohol and Marijuana Use	32
A11.2	refeeption of freatin Risk of Alcohol and Warryuana Osc	32
12. Tobacco	O Use and Vaping	33
A12.1	Cigarette Use and Vaping, Lifetime	33
A12.2	Perception of Health Risk of Cigarette Use and Vaping	33
13 Other P	hysical and Mental Health Risks	34
A13.1	Frequent Sadness	34
A13.1	Wellness	34
A13.2	weiliess	34
14. Race/Et	thnic Breakdowns	35
A14.1	School Engagement and Supports by Race/Ethnicity	
A14.1	School Engagement and Supports by Race/Ethnicity – Continued	36
A14.1	School Engagement and Supports by Race/Ethnicity – Continued	37
A14.1	School Engagement and Supports by Race/Ethnicity – Continued	38
A14.2	School Safety by Race/Ethnicity	39
A14.2	School Safety by Race/Ethnicity – Continued	40
A14.3	Cyberbullying by Race/Ethnicity	41
A14.4	School Disciplinary Environment by Race/Ethnicity	42
A14.4	School Disciplinary Environment by Race/Ethnicity – Continued	43
A14.5	Substance Use by Race/Ethnicity	44
A14.5	Substance Use by Race/Ethnicity – Continued	45
A14.5 A14.6	Routines by Race/Ethnicity - Continued	45
A14.7	Remote Schooling by Race/Ethnicity	47
A14.8	Mental Health by Race/Ethnicity	48
15. Gender	Breakdowns	49
A15.1	Key Indicators of School Climate and Substance Use by Gender	49
A15 1	Key Indicators of School Climate and Substance Use by Gender – Continued	50

A15.2	Key Indicators of Routines, Remote Schooling, and Mental Health by Gender	31
F. Social E	motional Health Module	52
1. Module S F1.1	Sample	52 52
2. Summary F2.1 F2.2	y of Key Indicators	53 53 54
3. Belief in F3.1 F3.2	Self	55 55
4. Belief in F4.1 F4.2	Others	57 58
5. Emotiona F5.1	al Competence	59
6. Engaged F6.1 F6.2 F6.3	Living	60 60 61 62
7. Growth M F7.1	Mindset	63
8. Collabora F8.1	ation	64
	Solving	
10. Social a F10.1 F10.1 F10.2 F10.2	And Emotional Health	66 67 68 69

PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2023-24 California Healthy Kids Survey (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the California School Staff Survey (CSSS) and the California School Parent Survey (CSPS)—form the California Department of Education's California School Climate, Health, and Learning Survey (Calschus) System. Calschus is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by Calschus.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (<u>calschls.org</u>). The California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

Mental Health Supports Module (Supplementary)

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

Table A1.1 gives the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (<u>calschls.org/my-surveys</u>). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected, private data dashboard that displays up to 11 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the

questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3 schoolclimateguidebook final.pdf).
- The California Center for School Climate (<u>ca-safe-supportive-schools.wested.org/california-center-for-school-climate/</u>) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (<u>calschls.org/resources/#resources_and_tools</u>) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable

for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources and tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- Secondary CHKS Results. Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The aggregated results from the 2019-2021 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide 1921 elem chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster

more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Climate Report Card

In addition to this school-level report with all the survey results, a short, user-friendly, graphic **School Climate Report Card** is also available. The School Climate Report Card provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr).

Disaggregated Reports

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (<u>calschls.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email calschls@wested.org.

Exhibit 1
Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

	G. 1	Student Social	G. CC	D.
	Student Core	Emotional	Staff Survey	Parent Survey
Student Learning Engagement		Health		
Academic mindset		✓		
Academic motivation	✓		√	√
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	√
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	√
Zest		✓		
School Climate Conditions				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
School Climate Improvement Practices				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

ACKNOWLEDGMENTS

The CHKS and this report were developed by WestEd, in collaboration with Duerr Evaluation Resources, under contract from the California Department of Education, School Health and Safety Office. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

Thomas Hanson, Ph.D. CalSCHLS Director, WestEd

Tom Herman Administrator, School Health and Safety Office California Department of Education

Survey Module Administration

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	X
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	
Z. Custom Questions	

Core Module Results

1. Survey Sample

Table A1.1Student Sample Characteristics

	Grade 5	Grade 6
Student Sample Size		
Target sample	83	88
Final number	62	73
Response Rate	75%	83%

Table A1.2

Number of Respondents by Instructional Model

	Grade 5	Grade 6
In-school learning only	62	73
Remote learning only	0	0

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5	Grade 6	Table
School Engagement and Supports			
School connectedness ^{†#} (In-School Only)	76	67	A6.3
School connectedness ^{†ψ} (<i>Remote Only</i>)			A6.3
Academic motivation [†]	83	82	A6.3
School boredom [†]	50	69	A6.9
Caring adults in school [†]	73	60	A6.3
High expectations-adults in school [†]	86	80	A6.3
Meaningful participation [†]	45	31	A6.3
Facilities upkeep $^{\dagger\Phi}$	79	91	A6.10
Parent involvement in schooling [†]	78	72	A10.2
Social and emotional learning supports [†]	79	59	A7.1
Antibullying climate [†]	76	65	A9.6
School Safety and Cyberbullying			
Feel safe at school $^{\dagger\Phi}$	75	70	A9.1
Feel safe on way to and from school $^{\dagger\Phi}$	76	83	A9.1
Been hit or pushed $^{\Phi}$	35	28	A9.2
Mean rumors spread about you	38	28	A9.2
Called bad names or target of mean jokes	60	45	A9.2
Saw a weapon at school ^{§⊕}	20	28	A9.5
Cyberbullying [¶]	20	19	A9.3
School Disciplinary Environment			
Rule clarity [†]	92	83	A8.2
Students well behaved [†]	43	51	A8.4
Students treated fairly when break rules [†]	46	52	A8.1
Students treated with respect [†]	80	71	A8.1

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

 $^{^{\}Phi}$ *In-school only.*

[§]Past year.

[¶]Past 30 days.

Table A2.2

Key Indicators of Substance Use, Routines, Remote Schooling, and Student Well-Being

	Grade 5 %	Grade 6 %	Table
Substance Use			
Alcohol or drug use $^{\phi}$	15	17	A11.1
Marijuana use $^\phi$	0	0	A11.1
Cigarette use $^\phi$	0	0	A12.1
$Vaping^\phi$	4	2	A12.1
Routines			
Eating of breakfast	77	72	A4.1
Late bedtime (at 10 pm or later) [±]	27	46	A4.2
Remote Schooling	Remote Schooling		
Remote learning frequency (5 days per week) $^{\P\delta}$			A5.1
Synchronous instruction (4 days or more) $^{\parallel\delta}$			A5.1
Meaningful opportunities $^{\dagger\delta}$			A5.2
Mental Health			
Frequent sadness [†]	16	11	A13.1
Wellness [†]	67	73	A13.2

 $^{^{\}phi}$ Lifetime.

This morning.

 $^{^{\}pm}$ Last night.

[¶]Past 30 days.

[∥]Past 7 days.

[¶]Past 30 days.

 $^{^{\}delta}$ *Remote only.*

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

3. Demographics

Table A3.1 School Schedule, Past 30 Days

	Grade 5 %	Grade 6 %
In-School Model	100	100
Remote Learning Model	0	0

Question ES A.1: Which of the following best describes your school schedule during the past 30 days? Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 5 %	Grade 6 %
Female	38	38
Male	62	62

Question ES A.2: Are you female or male?

Table A3.3

Race or Ethnicity

	Grade 5 %	Grade 6 %
American Indian or Alaska Native, non-Hispanic	5	1
Asian or Asian American, non-Hispanic	0	3
Black or African American, non-Hispanic	3	0
Hispanic or Latinx	45	38
Native Hawaiian or Pacific Islander, non-Hispanic	0	0
White, non-Hispanic	19	24
Multiracial, non-Hispanic	13	22
Something else, non-Hispanic	15	13

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.4

Number of Days Attending Afterschool Program (In-School Only)

	Grade 5 %	Grade 6 %
0 days	61	69
1 day	0	1
2 days	5	10
3 days	2	0
0 days 1 day 2 days 3 days 4 days	7	0
5 days	26	19

Question ES A.6: How many days a week do you usually go to your school's afterschool program?

4. Routines

Table A4.1

Eating of Breakfast

	Grade 5 %	Grade 6 %
No	23	28
Yes	77	72

Question ES A.5: Did you eat breakfast this morning?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2 *Bedtime*

	Grade 5 %	Grade 6 %
Before 9:00 pm	27	25
Between 9:00 pm and 10:00 pm	45	29
Between 10:00 pm and 11:00 pm	13	29
Between 11:00 pm and midnight	8	6
After 12:00 am	6	11
Late bedtime (at 10 pm or later)	27	46

Question ES A.7: What time did you go to bed last night?

5. Remote Schooling

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	Grade 5 %	Grade 6 %
Time spent on learning and completing schoolwork from home on the average weekday		
Less than 1 hour		
Between 1 and 2 hours		
Between 2 and 3 hours		
Between 3 and 4 hours		
Between 4 and 5 hours		
More than 5 hours		
Number of days in the past week participating in an online class from home where your teacher talked to students		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		
Number of weekdays participating in school from home for the entire school day		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Table A5.2

Interesting Activities Provided for Student in Remote Schooling (Remote Only)

	Grade 5 %	Grade 6 %
No, never		_
Yes, some of the time		
Yes, most of the time		
Yes, all of the time		

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

6. School Performance, Supports, and Engagements

Table A6.1
Perceived School Performance

	Grade 5 %	Grade 6 %
One of the best students	17	21
Better than most students	29	32
About the same as others	42	38
Don't do as well as most others	12	9

Question ES A.37: How well do you do in your schoolwork?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Truancy, Past 30 Days

	Grade 5 %	Grade 6 %
I did not miss any days of school in the past 30 days	44	41
1 day	31	21
2 days	21	28
3 or more days	5	10

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [Inschool only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]

Table A6.3
School Environment, School Connectedness, and Academic Motivation Scales

	Grade 5 %	Grade 6 %	Table
Total school supports	68	57	
Caring adults in school	73	60	A6.4
High expectations-adults in school	86	80	A6.5
Meaningful participation at school	45	31	A6.6
School connectedness [#] (In-School Only)	76	67	A6.7
School connectedness $^{\psi}$ (Remote Only)			A6.7
Academic motivation	83	82	A6.8

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on average of students reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A6.4

Caring Adults in School Scale Questions

	Grade 5	Grade 6
Caring adults in school	·	·
Average reporting "Yes, most of the time" or "Yes, all of the time"	73	60
Do the teachers and other grown-ups at school		
care about you?		
No, never	5	0
Yes, some of the time	13	25
Yes, most of the time	27	30
Yes, all of the time	55	45
listen when you have something to say?		
No, never	5	2
Yes, some of the time	16	38
Yes, most of the time	40	35
Yes, all of the time	40	26
make an effort to get to know you?		
No, never	10	3
Yes, some of the time	29	52
Yes, most of the time	42	29
Yes, all of the time	19	15

Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Table A6.5

High Expectations-Adults in School Scale Questions

	Grade 5 %	Grade 6 %
High expectations-adults in school		
Average reporting "Yes, most of the time" or "Yes, all of the time"	86	80
Do the teachers and other grown-ups at school		
tell you when you do a good job?		
No, never	7	13
Yes, some of the time	13	30
Yes, most of the time	34	28
Yes, all of the time	46	29
believe that you can do a good job?		
No, never	5	2
Yes, some of the time	7	12
Yes, most of the time	25	41
Yes, all of the time	63	45
want you to do your best?		
No, never	3	0
Yes, some of the time	5	6
Yes, most of the time	8	29
Yes, all of the time	83	65

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?

Table A6.6 *Meaningful Participation at School Scale Questions*

	Grade 5	Grade 6
	%	%
Meaningful participation at school		
Average reporting "Yes, most of the time" or "Yes, all of the time"	45	31
Are you given a chance to help decide school activities or rules?		
No, never	33	46
Yes, some of the time	49	34
Yes, most of the time	11	10
Yes, all of the time	7	10
Do the teachers and other grown-ups at school ask you about your ideas?		
No, never	13	27
Yes, some of the time	33	42
Yes, most of the time	48	16
Yes, all of the time	7	15
Do the teachers and other grown-ups give you a chance to solve school problems?		
No, never	10	28
Yes, some of the time	21	31
Yes, most of the time	36	18
Yes, all of the time	33	22
Do you get to do interesting activities at/when you participate in school?		
No, never	3	10
Yes, some of the time	30	51
Yes, most of the time	43	24
Yes, all of the time	23	15

Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A6.6

Meaningful Participation at School Scale Questions – Continued

	Grade 5	Grade 6
Are you given a chance to help decide class activities or rules?	%	<u>%</u>
No, never	20	34
Yes, some of the time	51	42
Yes, most of the time	21	16
Yes, all of the time	8	7
Do your teachers ask you what you want to learn about?		
No, never	51	67
Yes, some of the time	36	24
Yes, most of the time	8	6
Yes, all of the time	5	3
Do you do things to be helpful at/in school?		
No, never	5	8
Yes, some of the time	36	40
Yes, most of the time	34	28
Yes, all of the time	25	25

Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A6.7 School Connectedness Scale Questions

	Grade 5	Grade 6
	%	%
School connectedness# (In-School Only)		
Average reporting "Yes, most of the time" or "Yes, all of the time"	76	67
School connectedness $^{\psi}$ (Remote Only)		
Average reporting "Yes, most of the time" or "Yes, all of the time"		
Do you feel close to people at/from this school?		
No, never	8	3
Yes, some of the time	26	33
Yes, most of the time	44	46
Yes, all of the time	23	18
Are you happy to be at/with this school?		
No, never	7	4
Yes, some of the time	22	39
Yes, most of the time	37	35
Yes, all of the time	35	22
Do you feel like you are part of this school?		
No, never	3	7
Yes, some of the time	13	24
Yes, most of the time	32	36
Yes, all of the time	52	33
Do teachers treat students fairly?		
No, never	5	6
Yes, some of the time	11	20
Yes, most of the time	39	44
Yes, all of the time	44	30

Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

[#]The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A6.7
School Connectedness Scale Questions – Continued

	Grade 5 %	Grade 6
Do you feel safe at school? (In-School Only)		
No, never	9	9
Yes, some of the time	16	20
Yes, most of the time	47	34
Yes, all of the time	27	36

Question ES A.75: Do you feel safe at school? [In-school only]

Table A6.8

Academic Motivation Scale Questions

icuacinic 1/1011/union Scare Questions	Grade 5	Grade 6 %
Academic motivation	///	/0
Average reporting "Yes, most of the time" or "Yes, all of the time"	83	82
Do you finish all your school assignments?		
No, never	4	3
Yes, some of the time	21	11
Yes, most of the time	44	48
Yes, all of the time	32	38
When you get a bad grade, do you try even harder the next time?		
No, never	5	6
Yes, some of the time	4	11
Yes, most of the time	21	25
Yes, all of the time	70	58
Do you keep working and working on your schoolwork until you get it right?		
No, never	4	6
Yes, some of the time	13	19
Yes, most of the time	43	41
Yes, all of the time	41	34
Do you keep doing your schoolwork even when it's really hard for you?		
No, never	5	5
Yes, some of the time	12	11
Yes, most of the time	33	41
Yes, all of the time	49	44

Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

Table A6.9
School Boredom

	Grade 5 %	Grade 6 %
No, never	5	2
Yes, some of the time	45	29
Yes, most of the time	22	20
Yes, all of the time	28	49

Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10

Quality of School Physical Environment (In-School Only)

	Grade 5 %	Grade 6 %
Is your school building neat and clean?		
No, never	3	0
Yes, some of the time	18	9
Yes, most of the time	43	56
Yes, all of the time	36	36

Question ES A.24: Is your school building neat and clean?

7. Supports for Learning at School

Table A7.1
Social and Emotional Learning Supports Scale Questions

	Grade 5	Grade 6
Social and emotional learning supports	,-	, -
Average reporting "Yes, most of the time" or "Yes, all of the time"	79	59
Does your school		
help students resolve conflicts with one another?		
No, never	7	8
Yes, some of the time	12	42
Yes, most of the time	51	28
Yes, all of the time	31	23
teach students to understand how other students think and feel?		
No, never	7	8
Yes, some of the time	29	40
Yes, most of the time	46	34
Yes, all of the time	19	18
teach students to feel responsible for how they act?		
No, never	7	6
Yes, some of the time	16	27
Yes, most of the time	36	27
Yes, all of the time	41	41
teach students to care about each other and treat each other with respect?		
No, never	5	3
Yes, some of the time	3	29
Yes, most of the time	34	26
Yes, all of the time	57	42

Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect? Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Teachers Checking on how Students are Feeling

	Grade 5 %	Grade 6 %
No, never	15	19
Yes, some of the time	39	41
Yes, most of the time	28	20
Yes, all of the time	18	20

Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling? Note: Cells are empty if there are less than 10 respondents.

Table A7.3
Students at School Motivated to Learn

	Grade 5 %	Grade 6 %
No, never	8	13
Yes, some of the time	41	53
Yes, most of the time	38	31
Yes, all of the time	13	3

Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1
Fairness Scale Questions

	Grade 5 %	Grade 6 %
Fairness		
Average reporting "Yes, most of the time" or "Yes, all of the time"	70	65
Do teachers treat students fairly?		
No, never	5	6
Yes, some of the time	11	20
Yes, most of the time	39	44
Yes, all of the time	44	30
Are the school rules fair?		
No, never	10	12
Yes, some of the time	19	26
Yes, most of the time	29	29
Yes, all of the time	42	32
Do teachers and other grown-ups at school treat students with respect?		
No, never	5	5
Yes, some of the time	15	25
Yes, most of the time	46	38
Yes, all of the time	34	32
Are students treated fairly when they break school rules?		
No, never	20	12
Yes, some of the time	34	35
Yes, most of the time	27	29
Yes, all of the time	19	23

Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?

Table A8.2 Clarity of Rules

	Grade 5 %	Grade 6 %
Do students know what the rules are?		
No, never	3	0
Yes, some of the time	5	17
Yes, most of the time	31	38
Yes, all of the time	61	45

Question ES A.49: Do students know what the rules are?

Table A8.3 Positive Behavior Scale Questions

	Grade 5	Grade 6 %
Positive behavior $\overline{\ }$ (In-School Only)	70	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	88	87
Positive behavior $(Remote\ Only)$		
Average reporting "Yes, most of the time" or "Yes, all of the time"		
Do you follow the classroom rules?		
No, never	2	2
Yes, some of the time	11	19
Yes, most of the time	32	27
Yes, all of the time	55	53
Do you follow the playground rules at recess and lunch times? (In-School Only)		
No, never	2	3
Yes, some of the time	9	8
Yes, most of the time	20	38
Yes, all of the time	70	51
Do you listen when your teacher is talking?		
No, never	2	2
Yes, some of the time	7	13
Yes, most of the time	32	39
Yes, all of the time	59	47
Are you nice to other students?		
No, never	2	0
Yes, some of the time	13	6
Yes, most of the time	30	41
Yes, all of the time	55	53

Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times?... Do you listen when your teacher is talking?... Are you nice to other students?

 $^{^{}ar{\wedge}}$ The scale was based on four survey questions for in-school respondents.

 $^{^{\}lambda}$ The scale was based on three questions for remote respondents.

Table A8.4

Students at School Well Behaved

	Grade 5 %	Grade 6 %
No, never	9	9
Yes, some of the time	48	40
Yes, most of the time	38	48
Yes, all of the time	5	3

Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School (In-School Only)

	Grade 5 %	Grade 6 %
Do you feel safe at school?		
No, never	9	9
Yes, some of the time	16	20
Yes, most of the time	47	34
Yes, all of the time	27	36
Do you feel safe on your way to and from school?		
No, never	4	3
Yes, some of the time	20	14
Yes, most of the time	20	25
Yes, all of the time	56	58

Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school? Note: Cells are empty if there are less than 10 respondents.

Table A9.2 Violence Victimization Scale Questions

	Grade 5 %	Grade 6 %
Violence victimization (In-School Only)		
Average reporting "Yes"	44	34
Do other kids hit or push you at school when they are not just playing around? (In-School Only)		
No, never	65	72
Yes, some of the time	26	23
Yes, most of the time	4	5
Yes, all of the time	6	0
Do other kids at/from school spread mean rumors or lies about you?		
No, never	62	72
Yes, some of the time	24	25
Yes, most of the time	5	3
Yes, all of the time	9	0
Do other kids at/from school call you bad names or make mean jokes about you?		
No, never	40	55
Yes, some of the time	47	39
Yes, most of the time	9	3
Yes, all of the time	4	3

Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]

Table A9.3

Cyberbullying, Past 30 Days

	Grade 5 %	Grade 6 %
No, never	80	81
Yes, some of the time	9	8
Yes, most of the time	6	3
Yes, all of the time	6	8

Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Been Teased About Body Image

	Grade 5 %	Grade 6 %
No	65	64
Yes	35	36

Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only] Note: Cells are empty if there are less than 10 respondents.

Table A9.5
Weapons (Gun or Knife) on School Property, Past Year (In-School Only)

	Grade 5 %	Grade 6
Brought a gun or knife to school		
No	98	98
Yes	2	2
Saw another kid with a gun or knife at school		
No	80	72
Yes	20	28

Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Table A9.6
Antibullying Climate Scale Questions

	Grade 5 %	Grade 6 %
Antibullying climate		
Average reporting "Yes, most of the time" or "Yes, all of the time"	76	65
Teachers and other grown-ups make it clear that bullying is not allowed.		
No, never	5	5
Yes, some of the time	2	6
Yes, most of the time	24	23
Yes, all of the time	69	66
If you tell a teacher that you've been bullied, the teacher will do something to help.		
No, never	7	8
Yes, some of the time	7	22
Yes, most of the time	26	28
Yes, all of the time	60	43
Students at/from your school try to stop bullying when they see it happening.		
No, never	14	29
Yes, some of the time	38	35
Yes, most of the time	28	25
Yes, all of the time	21	11

Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

10. Home Supports and Involvement in Schooling

Table A10.1

High Expectations-Adults at Home Scale Questions

	Grade 5 %	Grade 6 %
High expectations-adults at home		
Average reporting "Yes, most of the time" or "Yes, all of the time"	87	98
Does a parent or some other grown-up at home		
believe that you can do a good job?		
No, never	6	2
Yes, some of the time	9	0
Yes, most of the time	17	22
Yes, all of the time	69	76
want you to do your best?		
No, never	4	2
Yes, some of the time	7	2
Yes, most of the time	9	8
Yes, all of the time	80	89

Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?

Table A10.2

Parent Involvement in Schooling Scale Questions

	Grade 5 %	Grade 6 %
Parent involvement in schooling	///	//
Average reporting "Yes, most of the time" or "Yes, all of the time"	78	72
Does a parent or some other grown-up at home		
care about your schoolwork?		
No, never	4	0
Yes, some of the time	2	5
Yes, most of the time	23	19
Yes, all of the time	72	76
ask if you did your homework/schoolwork?		
No, never	6	10
Yes, some of the time	9	6
Yes, most of the time	19	19
Yes, all of the time	66	65
check your homework/schoolwork?		
No, never	19	31
Yes, some of the time	17	27
Yes, most of the time	26	19
Yes, all of the time	38	23
ask you about school?		
No, never	8	3
Yes, some of the time	8	23
Yes, most of the time	23	15
Yes, all of the time	62	59
ask you about your grades?		
No, never	13	11
Yes, some of the time	23	26
Yes, most of the time	13	23
Yes, all of the time	51	40

Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about school?... Does

11. Alcohol and Other Drug (AOD) Use

Table A11.1
Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %	Grade 6 %
Alcohol, one or two sips	13	14
Alcohol, a full glass	0	2
Inhalants (to get high)	2	2
Marijuana (smoke, vape, eat, or drink)	0	0
None of the above	85	83
Any of the above	15	17

Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high"?... Have you ever used any marijuana (smoke, vape, eat, or drink)? Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %	Grade 6
Alcohol	70	/0
No, not bad	9	2
Yes, a little bad	35	52
Yes, very bad	56	46
Marijuana (smoke, vape, eat, or drink)		
No, not bad	6	2
Yes, a little bad	11	11
Yes, very bad	48	62
I don't know what marijuana is	35	25

Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?

12. Tobacco Use and Vaping

Table A12.1
Cigarette Use and Vaping, Lifetime

	Grade 5 %	Grade 6 %
Ever smoked a cigarette	0	0
Part of a cigarette, like one or two puffs	0	0
A whole cigarette	0	0
Ever vaped	4	2

Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?

Note: Cells are empty if there are less than 10 respondents.

Table A12.2

Perception of Health Risk of Cigarette Use and Vaping

	Grade 5 %	Grade 6 %
Do you think smoking cigarettes is bad for a person's health?		
No, not bad	4	3
Yes, a little bad	13	11
Yes, very bad	83	86
Do you think vaping is bad for a person's health?		
No, not bad	6	0
Yes, a little bad	17	16
Yes, very bad	78	84

Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?...

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %	Grade 6 %
No, never	33	16
Yes, some of the time	51	73
Yes, most of the time	15	6
Yes, all of the time	2	5

Question ES A.80: Do you feel sad?

Note: Cells are empty if there are less than 10 respondents.

Table A13.2 Wellness

	Grade 5 %	Grade 6 %
Do you feel good and happy?		
No, never	9	2
Yes, some of the time	24	25
Yes, most of the time	55	63
Yes, all of the time	13	11

Question ES A.79: Do you feel good and happy?

14. Race/Ethnic Breakdowns

Table A14.1 School Engagement and Supports by Race/Ethnicity

	Grade 5	Grade 6
School Connectedness ^{†#} (In-School Only)	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American	70	
Hispanic or Latinx	70	57
Native Hawaiian or Pacific Islander		
White	85	73
Mixed (two or more) ethnics		63
Something else		
School Connectedness $^{\dagger\psi}$ (Remote Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Academic motivation [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	81	69
Native Hawaiian or Pacific Islander		
White	93	81
Mixed (two or more) ethnics		94
Something else		

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

Table A14.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5	Grade 6
School boredom [†]	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		0.4
Hispanic or Latinx	54	84
Native Hawaiian or Pacific Islander		
White	70	50
Mixed (two or more) ethnics		58
Something else		
Caring adults in school [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	70	50
Native Hawaiian or Pacific Islander		
White	67	69
Mixed (two or more) ethnics		64
Something else		
High expectations-adults in school [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	83	79
Native Hawaiian or Pacific Islander		
White	93	79
Mixed (two or more) ethnics		72
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5	Grade 6
Maaningful nauti singti su [†]	%	%
Meaningful participation [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	45	29
Native Hawaiian or Pacific Islander		
White	44	39
Mixed (two or more) ethnics		20
Something else		
Facilities upkeep [†] (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	82	92
Native Hawaiian or Pacific Islander		
White	73	94
Mixed (two or more) ethnics		87
Something else		
Parent involvement in schooling [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	80	70
Native Hawaiian or Pacific Islander		
White	76	69
Mixed (two or more) ethnics		71
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
Social and emotional learning supports [†]	<u> </u>	<u> </u>
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	79	55
Native Hawaiian or Pacific Islander		
White	83	70
Mixed (two or more) ethnics		42
Something else		
Antibullying climate [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	70	57
Native Hawaiian or Pacific Islander		
White	83	65
Mixed (two or more) ethnics		64
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.2
School Safety by Race/Ethnicity (In-School Only)

	Grade 5	Grade 6
Feel safe at school [†]	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	62	54
Native Hawaiian or Pacific Islander		
White	80	69
Mixed (two or more) ethnics		83
Something else		
Feel safe on way to and from school [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	68	67
Native Hawaiian or Pacific Islander		
White	90	94
Mixed (two or more) ethnics		92
Something else		
Been hit or pushed		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	36	33
Native Hawaiian or Pacific Islander		
White	20	19
Mixed (two or more) ethnics	-	8
Something else		

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.2 School Safety by Race/Ethnicity – Continued

	Grade 5	Grade 6
Moon ware and about you	%	%
Mean rumors spread about you		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American	20	
Hispanic or Latinx	38	29
Native Hawaiian or Pacific Islander		
White	10	25
Mixed (two or more) ethnics		17
Something else		
Called bad names or target of mean jokes		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	50	54
Native Hawaiian or Pacific Islander		
White	60	38
Mixed (two or more) ethnics		33
Something else		
Saw a weapon at school [§] (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	15	42
Native Hawaiian or Pacific Islander		
White	30	31
Mixed (two or more) ethnics		17
Something else		-

[§]Past year.

Table A14.3

Cyberbullying by Race/Ethnicity

	Grade 5 %	Grade 6 %
Cyberbullying [¶]	·	•
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	24	21
Native Hawaiian or Pacific Islander		
White	0	25
Mixed (two or more) ethnics		8
Something else		

[¶]Past 30 days.

Table A14.4
School Disciplinary Environment by Race/Ethnicity

	Grade 5	Grade 6
Rule clarity [†]	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	89	76
Native Hawaiian or Pacific Islander	0)	70
White	90	88
Mixed (two or more) ethnics	90	92
· · · · · · · · · · · · · · · · · · ·		92
Something else Students well behaved [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American	40	40
Hispanic or Latinx	48	40
Native Hawaiian or Pacific Islander		
White	40	56
Mixed (two or more) ethnics		50
Something else		
Students treated fairly when break rules [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	36	32
Native Hawaiian or Pacific Islander		
White	60	63
Mixed (two or more) ethnics		42
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.4
School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
Students treated with respect [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	75	72
Native Hawaiian or Pacific Islander		
White	90	75
Mixed (two or more) ethnics		58
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.5
Substance Use by Race/Ethnicity

	Grade 5	Grade 6
Alcohol or drug use $^\phi$	%	%
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	15	13
Native Hawaiian or Pacific Islander	13	13
White	10	31
	10	
Mixed (two or more) ethnics		25
Something else		
Marijuana use ⁶		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White	0	0
Mixed (two or more) ethnics		0
Something else		
Cigarette use $^\phi$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White	0	0
Mixed (two or more) ethnics		0
Something else		

 $^{^\}phi Lifetime.$

Table A14.5
Substance Use by Race/Ethnicity – Continued

	Grade 5 %	Grade 6 %
V aping $^\phi$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	4	0
Native Hawaiian or Pacific Islander		
White	0	0
Mixed (two or more) ethnics		8
Something else		

 $^{^{\}phi}$ Lifetime.

Table A14.6

Routines by Race/Ethnicity

	Grade 5 %	Grade 6 %
Eating of breakfast	λ/.	70
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	67	67
Native Hawaiian or Pacific Islander		
White	82	76
Mixed (two or more) ethnics		75
Something else		
ate bedtime (at 10 pm or later) $^\pm$		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	32	41
Native Hawaiian or Pacific Islander		
White	17	47
Mixed (two or more) ethnics		56
Something else		

This morning.

 $^{^{\}pm}$ Last night.

Table A14.7

Remote Schooling by Race/Ethnicity (Remote Only)

	Grade 5 %	Grade 6
Remote learning frequency (5 days per week)¶	,-	,-
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Synchronous instruction (4 days or more) [∥]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Meaningful opportunities [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

[∥]Past 7 days.

[¶]Past 30 days.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A14.8

Mental Health by Race/Ethnicity

	Grade 5 %	Grade 6 %
Frequent sadness [†]	70	70
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	15	13
Native Hawaiian or Pacific Islander		
White	30	6
Mixed (two or more) ethnics		17
Something else		
Wellness [†]		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx	65	58
Native Hawaiian or Pacific Islander		
White	80	81
Mixed (two or more) ethnics		83
Something else		

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

15. Gender Breakdowns

Table A15.1

Key Indicators of School Climate and Substance Use by Gender

	Grad	Grade 5		Grade 6	
	Female %	Male %	Female %	Male %	
School Engagement and Supports					
School connectedness ^{†#} (<i>In-School Only</i>)	86	72	65	68	
School connectedness†\(^\psi\) (Remote Only)					
Academic motivation [†]	89	81	88	79	
School boredom [†]	48	53	75	66	
Caring adults in school [†]	74	74	64	58	
High expectations-adults in school [†]	92	85	81	79	
Meaningful participation at school [†]	46	45	33	30	
Facilities upkeep $^{\dagger\Phi}$	82	79	93	90	
Parent involvement in schooling [†]	83	78	73	71	
Social and emotional learning supports [†]	86	76	61	58	
Antibullying climate [†]	79	76	63	67	

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

^{*}The scale was based on five survey questions for in-school respondents.

 $^{^{\}psi}$ The scale was based on four questions for remote respondents.

 $^{^{\}Phi}$ *In-school only.*

Table A15.1

Key Indicators of School Climate and Substance Use by Gender – Continued

	Gra	Grade 5		de 6
	Female	Male	Female	Male
School Safety and Cyberbullying	%	%	%	%
Feel safe at school $^{\dagger\Phi}$	80	74	57	78
Feel safe on way to and from school $^{\dagger\Phi}$	85	73	83	83
Been hit or pushed $^{\Phi}$	30	38	26	29
Mean rumors spread about you	50	32	35	24
Called bad names or target of mean jokes	70	56	52	41
Saw a weapon at school ^{§ ⊕}	5	29	35	24
Cyberbullying [¶]	30	15	22	17
School Disciplinary Environment				
Rule clarity [†]	100	89	83	83
Students well behaved [†]	32	50	42	56
Students treated fairly when break rules [†]	50	44	42	59
Students treated with respect [†]	86	78	79	66
Substance Use				
Alcohol or drug use $^{\phi}$	15	12	22	15
Marijuana use $^\phi$	0	0	0	0
Cigarette use $^{\phi}$	0	0	0	0
Vaping $^\phi$	0	6	4	0

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

 $^{^{\}Phi}$ *In-school only.*

[§]Past year.

[¶]Past 30 days.

 $^{^{\}phi}$ Lifetime.

Table A15.2

Key Indicators of Routines, Remote Schooling, and Mental Health by Gender

	Grad	Grade 5		de 6
	Female %	Male %	Female %	Male %
Routines				
Eating of breakfast	62	84	57	82
Late bedtime (after 10 pm) [±]	30	26	46	45
Remote Schooling				
Remote learning frequency (5 days per week) $^{\P\delta}$				
Synchronous instruction (4 days or more) $^{\parallel\delta}$				
Meaningful opportunities $^{\dagger \delta}$				
Mental Health				
Frequent sadness†	25	12	13	10
Wellness [†]	65	71	61	80

This morning.

 $^{^{\}pm}$ Last night.

[¶]Past 30 days.

 $^{^{\}delta}$ *Remote only.*

[∥]Past 7 days.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Social Emotional Health Module

1. Module Sample

Table F1.1
Student Sample for Social Emotional Health Module

	Grade 5	Grade 6
Student Sample Size		
Target sample	83	88
Final number	53	62
Response Rate	64%	70%

2. Summary of Key Indicators

Table F2.1

Key Indicators of Social Emotional Health

	Grade 5 %	Grade 6 %	Table
Covitality ^{†‡}	73	64	
Belief in self [†]	82	77	F2.2
Belief in others†‡	83	75	F2.2
Empathy †	71	58	F5.1
Engaged living [†]	60	43	F2.2
Growth mindset $^{\Gamma}$	83	74	F7.1
Collaboration [†]	78	63	F8.1
Problem solving [†]	62	46	F9.1
Social emotional distress $^{\bar{\wedge}}$	18	23	F10.1
Life satisfaction $^{\mp}$	74	66	F10.2

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

 $[\]Gamma$ All survey questions that comprise the scale were reverse-coded in computing the scale score.

Average percent of respondents reporting "Often" or "Always."

⁺Average percent of respondents reporting "Satisfied" or "Very satisfied."

Table F2.2

Covitality Domain and Subdomains

	Grade 5	Grade 6 %	Table
Belief in self [†]	82	77	
Self-efficacy [†]	81	73	F3.1
Persistence [†]	84	82	F3.2
Belief in others†‡	83	75	
School supports [†]	83	69	F4.1
Peer supports [‡]	82	82	F4.2
Emotional competence			
Empathy [†]	71	58	F5.1
Engaged living [†]	60	43	
Optimism [†]	66	53	F6.1
Gratitude [†]	78	65	F6.2
Zest [†]	35	12	F6.3

Table numbers refer to tables for domains or subdomains, or item-level results for the survey questions that comprise each scale.

 $^{^{\}dagger}$ Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

[‡]Average percent of respondents reporting "Pretty much true" or "Very much true."

3. Belief in Self

Table F3.1
Self-Efficacy Scale Questions

	Grade 5 %	Grade 6
Self-efficacy	70	70
Average reporting "Yes, most of the time" or "Yes, all of the time"	81	73
Can you do most things if you try?		
No, never	6	2
Yes, some of the time	11	19
Yes, most of the time	53	48
Yes, all of the time	30	31
Can you work out your problems?		
No, never	8	3
Yes, some of the time	13	30
Yes, most of the time	36	39
Yes, all of the time	43	28
Are there many things you do well?		
No, never	6	5
Yes, some of the time	15	23
Yes, most of the time	53	42
Yes, all of the time	26	31

Question F.8-10: Can you do most things if you try?... Can you work out your problems?... Are there many things you do well?

Table F3.2

Persistence Scale Questions

	Grade 5	Grade 6
Persistence	%	%
Average reporting "Yes, most of the time" or "Yes,		
all of the time"	84	82
Do you finish all your school assignments?		
No, never	4	3
Yes, some of the time	19	11
Yes, most of the time	43	48
Yes, all of the time	34	37
When you get a bad grade, do you try even harder the next time?		
No, never	4	6
Yes, some of the time	4	11
Yes, most of the time	21	24
Yes, all of the time	72	58
Do you keep working and working on your schoolwork until you get it right?		
No, never	2	6
Yes, some of the time	12	19
Yes, most of the time	44	40
Yes, all of the time	42	34
Do you keep doing your schoolwork even when it's really hard for you?		
No, never	4	5
Yes, some of the time	13	10
Yes, most of the time	32	40
Yes, all of the time	51	45

Question ES A.60-63: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

4. Belief in Others

Table F4.1 School Supports Scale Questions

	Grade 5	Grade 6
School supports	, -	, -
Average reporting "Yes, most of the time" or "Yes, all of the time"	83	69
Do the teachers and other grown-ups at school		
tell you when you do a good job?		
No, never	6	13
Yes, some of the time	13	29
Yes, most of the time	36	29
Yes, all of the time	45	29
listen when you have something to say?		
No, never	4	2
Yes, some of the time	15	35
Yes, most of the time	40	35
Yes, all of the time	40	27
believe that you can do a good job?		
No, never	4	2
Yes, some of the time	8	13
Yes, most of the time	25	40
Yes, all of the time	64	45

Question ES A.30, 39, 40: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school believe that you can do a good job?

Table F4.2

Peer Supports Scale Questions

	Grade 5 %	Grade 6 %
Peer supports		
Average reporting "Pretty much true" or "Very much true"	82	82
I have a friend my age who really cares about me.		
Not at all true	6	0
A little true	4	8
Pretty much true	27	21
Very much true	63	70
I have a friend my age who helps me when I am having a hard time.		
Not at all true	6	7
A little true	8	13
Pretty much true	32	35
Very much true	54	45
I have a friend my age who talks with me about my problems.		
Not at all true	14	15
A little true	16	11
Pretty much true	26	31
Very much true	44	43

Question F.23-25: I have a friend my age who really cares about me... I have a friend my age who helps me when I am having a hard time... I have a friend my age who talks with me about my problems.

5. Emotional Competence

Table F5.1

Empathy Scale Questions

	Grade 5 %	Grade 6
Empathy		
Average reporting "Yes, most of the time" or "Yes, all of the time"	71	58
Do you try to understand how other people feel?		
No, never	6	2
Yes, some of the time	16	35
Yes, most of the time	31	31
Yes, all of the time	47	32
Do you feel bad when someone else gets their feelings hurt?		
No, never	8	5
Yes, some of the time	20	42
Yes, most of the time	25	18
Yes, all of the time	47	35
Do you try to understand what other people go through?		
No, never	17	5
Yes, some of the time	21	37
Yes, most of the time	36	24
Yes, all of the time	26	34

Question ES F.3-5: Do you try to understand how other people feel?... Do you feel bad when someone else gets their feelings hurt?... Do you try to understand what other people go through?

6. Engaged Living

Table F6.1

Optimism Scale Questions

	Grade 5	Grade 6
	%	%
Optimism		
Average reporting "Yes, most of the time" or "Yes, all of the time"	66	53
When you have a problem at school, do you think it will get better in the future?		
No, never	10	8
Yes, some of the time	24	39
Yes, most of the time	43	32
Yes, all of the time	24	21
Do you expect that you will feel happy during class time?		
No, never	18	23
Yes, some of the time	24	44
Yes, most of the time	41	21
Yes, all of the time	18	13
Do you feel positive that good things will happen to you at school?		
No, never	14	11
Yes, some of the time	29	44
Yes, most of the time	37	30
Yes, all of the time	20	15
Do you feel positive that you will have fun with your friends at school?		
No, never	2	0
Yes, some of the time	16	20
Yes, most of the time	27	30
Yes, all of the time	55	51

Question ES F.16, 18, 20, 22: When you have a problem at school, do you think it will get better in the future?... Do you expect that you will feel happy during class time?... Do you feel positive that good things will happen to you at school?... Do you feel positive that you will have fun with your friends at school?

Table F6.2

Gratitude Scale Questions

	Grade 5 %	Grade 6 %
Gratitude		
Average reporting "Yes, most of the time" or "Yes, all of the time"	78	65
Do you feel thankful to go to your school?		
No, never	9	13
Yes, some of the time	15	23
Yes, most of the time	25	26
Yes, all of the time	51	39
Are you thankful when you get to learn new things at school?		
No, never	8	18
Yes, some of the time	21	34
Yes, most of the time	38	29
Yes, all of the time	33	19
Are you thankful to have nice teachers at your school?		
No, never	0	5
Yes, some of the time	12	15
Yes, most of the time	20	27
Yes, all of the time	69	53

Question ES F.6, 14, 17: Do you feel thankful to go to your school?... Are you thankful when you get to learn new things at school?... Are you thankful to have nice teachers at your school?

Table F6.3

Zest Scale Questions

	Grade 5 %	Grade 6 %
Zest		
Average reporting "Yes, most of the time" or "Yes, all of the time"	35	12
Do you get really excited when you learn something new at school?		
No, never	16	31
Yes, some of the time	39	52
Yes, most of the time	27	8
Yes, all of the time	18	10
Do you wake up in the morning excited to go to school?		
No, never	29	38
Yes, some of the time	35	51
Yes, most of the time	27	7
Yes, all of the time	8	5
Do you get excited about your schoolwork?		
No, never	27	62
Yes, some of the time	47	31
Yes, most of the time	18	3
Yes, all of the time	8	3

Question ES F.15, 19, 21: Do you get really excited when you learn something new at school?... Do you wake up in the morning excited to go to school?... Do you get excited about your schoolwork? Note: Cells are empty if there are less than 10 respondents.

7. Growth Mindset

Table F7.1

Growth Mindset Scale Questions

	Grade 5 %	Grade 6 %
Growth mindset $^{\Gamma}$		
Average reporting "A little true" or "Not at all true"	83	74
Challenging myself won't make me any smarter.		
Not at all true	53	51
A little true	29	30
Pretty much true	16	11
Very much true	2	8
There are some things I am not capable of learning.		
Not at all true	37	30
A little true	43	31
Pretty much true	16	20
Very much true	4	20
If I am not naturally smart in a subject, I will never do well in it.		
Not at all true	57	59
A little true	29	23
Pretty much true	8	10
Very much true	6	8

Question ES F.26-28: Challenging myself won't make me any smarter... There are some things I am not capable of learning... If I am not naturally smart in a subject, I will never do well in it.

 $[\]Gamma$ All survey questions that comprise the scale were reverse-coded in computing the scale score.

8. Collaboration

Table F8.1 Collaboration Scale Questions

	Grade 5 %	Grade 6 %
Collaboration		
Average reporting "Yes, most of the time" or "Yes, all of the time"	78	63
Do you get along or work well with students who are different from you?		
No, never	2	3
Yes, some of the time	19	23
Yes, most of the time	50	55
Yes, all of the time	29	19
Do you enjoy working with other students?		
No, never	8	8
Yes, some of the time	15	45
Yes, most of the time	38	26
Yes, all of the time	38	21
Do you listen to other students' ideas?		
No, never	4	0
Yes, some of the time	19	32
Yes, most of the time	43	42
Yes, all of the time	34	26

Question ES F.1, 2, 7: Do you get along or work well with students who are different from you?... Do you enjoy working with other students?... Do you listen to other students' ideas?

9. Problem Solving

Table F9.1

Problem Solving Scale Questions

	Grade 5 %	Grade 6 %
Problem solving		
Average reporting "Yes, most of the time" or "Yes, all of the time"	62	46
Do you know where to go for help with a problem?		
No, never	8	5
Yes, some of the time	17	11
Yes, most of the time	19	45
Yes, all of the time	56	39
Do you try to work out your problems by talking or writing about them?		
No, never	31	42
Yes, some of the time	25	34
Yes, most of the time	31	11
Yes, all of the time	13	13
When you need help, do you find someone to talk with about it?		
No, never	10	15
Yes, some of the time	25	56
Yes, most of the time	33	13
Yes, all of the time	33	16

Question ES F.11-13: Do you know where to go for help with a problem?... Do you try to work out your problems by talking or writing about them?... When you need help, do you find someone to talk with about it? Note: Cells are empty if there are less than 10 respondents.

10. Social and Emotional Health

Table F10.1 Social Emotional Distress Scale Questions

	Grade 5 %	Grade 6 %
Social emotional distress		
Average reporting "Often" or "Always"	18	23
I feel lonely.		
Never	39	27
Sometimes	47	58
Often	10	12
Always	4	3
I am unhappy.		
Never	24	20
Sometimes	65	53
Often	8	24
Always	4	3
Nobody likes me.		
Never	49	58
Sometimes	35	34
Often	14	7
Always	2	2
I worry a lot.		
Never	24	20
Sometimes	38	41
Often	24	24
Always	14	15
I have problems sleeping.		
Never	44	29
Sometimes	36	34
Often	10	22
Always	10	15

Question ES F.33-37: I feel lonely... I am unhappy... Nobody likes me... I worry a lot... I have problems sleeping.

Table F10.1
Social Emotional Distress Scale Questions – Continued

	Grade 5	Grade 6 %
I feel scared.		
Never	56	47
Sometimes	26	41
Often	16	10
Always	2	2
I worry when I am at school.		
Never	58	55
Sometimes	30	24
Often	8	14
Always	4	7

Question ES F.38, 39: I feel scared... I worry when I am at school.

Table F10.2

Life Satisfaction Scale Questions

	Grade 5	Grade 6
T * P	%	%
Life satisfaction	_,	
Average reporting "Satisfied" or "Very satisfied"	74	66
I would describe my satisfaction with		
my family life as		
Very dissatisfied	2	3
Dissatisfied	0	0
A little dissatisfied	2	0
A little satisfied	10	26
Satisfied	31	21
Very satisfied	55	49
my friendships as		
Very dissatisfied	4	0
Dissatisfied	2	5
A little dissatisfied	6	3
A little satisfied	6	5
Satisfied	27	34
Very satisfied	55	52
my school experience as		
Very dissatisfied	6	10
Dissatisfied	2	7
A little dissatisfied	8	8
A little satisfied	24	34
Satisfied	48	31
Very satisfied	12	10

Question ES F.29-31: I would describe my satisfaction with my family life as... I would describe my satisfaction with my friendships as... I would describe my satisfaction with my school experiences as...

Table F10.2

Life Satisfaction Scale Questions – Continued

	Grade 5 %	Grade 6 %
I would describe my satisfaction with		·
my myself as		
Very dissatisfied	10	3
Dissatisfied	2	3
A little dissatisfied	8	14
A little satisfied	12	17
Satisfied	27	37
Very satisfied	41	25

Question ES F.32: I would describe my satisfaction with myself as.